ST. COSMAS
the
Hymnographer
Sunday, October 10, 2021 / Third Sunday of Saint Luke

Resurrection Apolytikion of the tone of the week

Κατέλυσας τῷ Σταυρῷ σου τὸν θάνατον ἤνεῴξας τῷ Αιώνιῳ τὸν Παράδεισον τῶν Μυροφόρων τὸν θρίηνον μετέβαλες καὶ τοῖς σοὶς Ἀποστόλοις κηρύττειν ἐπέταξας ὅτι ἀνέστης Χριστὲ ὁ Θεός, παρέχον τῷ κόσμῳ τὸ μέγα ἐλέος.

By means of Your Cross, O Lord, You abolished death. To the robber You opened Paradise. The lamentation of the myrrh-bearing women You transformed, and You gave Your Apostles the order to proclaim to all that You had risen, O Christ our God, and granted the world Your great mercy.

Apolytikion of the Holy Martyrs

Οἱ Μάρτυρες σου Κύριε, ἐν τῇ ἀθλήσει αὐτῶν, στεφάνους ἐκομίσασαν τῆς ἀφθαρσίας, ἐκ σοῦ τοῦ Θεοῦ ἡμῶν σχόντες γὰρ τὴν ισχύν σου, τοὺς τυφάννους καθεῖλον, ἐθραυσαν καὶ δαιμόνων, τὰ ἀνίσχυρα θράση. Αὐτῶν ταῖς ικεσίαις, Χριστὲ ὁ Θεός, σώσον τὰς ψυχὰς ἡμῶν.

Your Martyrs, O Lord, were worthily awarded by You the crowns of incorruption, in that they contested for You our immortal God. Since they possessed Your power, they defeated the tyrants, dashing the demons' powerless displays of defiance. O Christ God, at their fervent entreaties, save our souls.

Apolytikion of our Church

Ὡς τῶν σιχμαλώτων ἐλευθερωτῆς, καὶ τῶν πτωχῶν ὑπερασπιστῆς, ἀσθενοῦντων ἱατρῶς, βασιλέων ὑπέρμαχος, Τροπαίοφόρῳ Μεγαλομάρτυρις Γεώργιε, πρέσβειε εἰς Χριστῷ τῷ Θεῷ σωθῆναι τὰς ψυχὰς ἡμῶν.
As liberator of captives, defender of the poor, physician of the ailing, and champion of Kings, beseech Christ our God, O great martyr George, Standard Bearer, for the salvation of our souls.

**Kontakion**

Προστασία τῶν Χριστιανῶν ἀκαταίσχυντε, μεσιτεία πρὸς τὸν Πατὴρν ἀμετάβητε, Μὴ παρίστατε ἁμαρτωλῶν δεήσεων φωνὰς, ἀλλὰ πρόφθασον, ὦς ἁγαθὴ, εἰς τὴν βοήθειαν ἡμῶν, τῶν πιστῶν κραυγαζόντων σοὶ. Τάχιστον εἰς προσβείαν, καὶ σπεύδων εἰς ἱκεσίαν, ἢ προστατεύοντας ἰέν, Θεοτόκε, τῶν τιμῶντων σε.

A protection of Christians unshameable, Intercessor to our Holy Maker, unwavering, reject not the prayerful cries of those who are in sin. Instead, come to us, for you are good; Your loving help bring unto us, Who are crying in faith to you: Hasten to intercede, and speed now to supplicate, As a protection for all time, Theotokos, for those who honor you.

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**General Assembly**

**Sunday October 17, 2021**

Immediately following church services

Please attend to be informed of the activities of the community and to voice your opinions and comments as to the future of our community.
The Epistle Reading – Sunday, October 10, 2021

The Lord will give strength to his people. Bring to the Lord, O sons of God, bring to the Lord honor and glory.

The Reading is from St. Paul’s Second Letter to the Corinthians 6:1-10

BRETHREN, working together with him, then, we entreat you not to accept the grace of God in vain. For he says, "At the acceptable time I have listened to you and helped you on the day of salvation." Behold, now is the acceptable time; behold, now is the day of salvation. We put no obstacle in any one’s way, so that no fault may be found with our ministry, but as servants of God we commend ourselves in every way: through great endurance, in afflictions, hardships, calamities, beatings, imprisonments, tumults, labors, watching, hunger; by purity, knowledge, forbearance, kindness, the Holy Spirit, genuine love, truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left; in honor and dishonor, in ill repute and good repute. We are treated as impostors, and yet are true; as unknown, and yet well known; as dying, and behold we live; as punished, and yet not killed; as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing everything.

Πρὸς Κορινθίους β’ 6:1-10

Αδελφοί, συνεργοῦντες δὲ καὶ παρακαλοῦμεν μὴ εἰς κενὸν τὴν χάριν τοῦ Θεοῦ δέξασθαι υμᾶς - λέγει γὰρ, Καιρῷ δεκτῷ ἑπίκουσά σοι, καὶ ἐν ἡμέρᾳ σωτηρίας ἐβοήθησά σοι· ίδού, νῦν καίρος εὐρύοδακτος, ίδού, νῦν ἡμέρα σωτηρίας - μηδεμίαν ἐν μηδενὶ διδόντες προσκοπὴν, ἵνα μὴ μαμήθη ἡ διακονία· ἀλλ’ ἐν παντὶ συνιστώντες ἑαυτοὺς ὡς Θεοῦ διάκονοι, ἐν ὑπομονῇ πολλῇ, ἐν θλίψει, ἐν ἀνάγκαις, ἐν στενοχωρίαις, ἐν πληγαῖς, ἐν φυλακαῖς, ἐν ἀκαταστασίαις, ἐν κόποις, ἐν ἀγχυστίαις, ἐν νηστείαις, ἐν ἀγνότητι, ἐν γνώσει, ἐν μακροθυμίᾳ, ἐν χρηστότητι, ἐν πνεύματι ἁγίῳ, ἐν ἀγάπῃ ἀνυποκρίτῳ, ἐν λόγῳ ἀληθείᾳ, ἐν δυνάμει Θεοῦ, διὰ τῶν ὀπλῶν τῆς δικαιοσύνης τῶν δεξιῶν καὶ ἀριστερῶν, διὰ δόξης καὶ ἀτιμίας, διὰ δυσφημίας καὶ εὐφημίας· ὡς πλάνοι καὶ ἀληθείς· ὡς ἀγνοοῦμενοι, καὶ ἐπιγνωσκόμενοι· ὡς ἀποθνῄσκοντες, καὶ ίδοι, ζῶομεν· ὡς μεταθέσθημεν, καὶ μὴ θανατοῦμεν· ὡς λυποῦμενοι, οὐκ ἵνα ἑαυτοὺς· ὡς πτωχοὶ, πολλοὶς δὲ πλούτιζοντες· ὡς μηδὲν ἔχοντες, καὶ πάντα κατέχοντες.
The Gospel Lesson – Sunday, October 10, 2021

The Reading is from Luke 7:11-16

At that time, Jesus went to a city called Nain, and his disciples and a great crowd went with him. As he drew near to the gate of the city, behold, a man who had died was being carried out, the only son of his mother, and she was a widow; and a large crowd from the city was with her. And when the Lord saw her, he had compassion on her and said to her, "Do not weep." And he came and touched the bier, and the bearers stood still. And he said, "Young man, I say to you, arise." And the dead man sat up and began to speak. And he gave him to his mother. Fear seized them all; and they glorified God, saying, "A great prophet has arisen among us!" and "God has visited his people!"

Κατά Λουκάν 7.11-16

Τῷ καιρῷ ἐκείνῳ ἐπορεύετο ὁ Ἰησοῦς εἰς πόλιν καλουμένην Ναϊν, καὶ συνεπορεύοντο αὐτῷ οἱ μαθηταὶ αὐτοῦ καὶ ὁ χλὸς πολὺς. Οὐ δὲ ἐχάγησεν τῇ πύλῃ τῆς πόλεως, καὶ ἦσαν ἐξεκομίζετο τεθνηκός μονογενής ὁ γάτῳ τῆς μητρὸς αὐτοῦ, καὶ αὐτὴ ἦν χήρα, καὶ ὁ χλὸς τῆς πόλεως ἠκανός ἦν σὺν αὐτῇ. Καὶ ἐν τῷ αὐτῷ ὁ κύριος ἐσπλαγχνίσθη ἐπ’ αὐτῇ καὶ εἶπεν αὐτῇ. Μὴ κλαίει. Καὶ προσέλθω ἡμῖν τῇ σοφῷ, οἱ δὲ βαστάζοντες ἔσπησαν, καὶ εἶπεν, Νεανίσκε, σοὶ λέγω, ἐγέρθητι. Καὶ ἀνεκάθισεν ὁ νεκρός καὶ ἐξαναλόγησεν λαλεῖν, καὶ ἔδωκεν αὐτόν τῇ μητρὶ αὐτοῦ. Ἐλαβεν δὲ φόβος πάντας, καὶ ἐδόξαζον τὸν θεόν λέγοντες ὅτι Προφήτης μέγας ἤγερθη ἐν ἡμῖν, καὶ ὅτι Ἰησοῦς ὁ θεὸς τὸν λαὸν αὐτοῦ.
**ANNOUNCEMENTS**

**Monday October 11**  
Board of Directors 7 p.m.

**Wednesday October 13**  
Adult Bible Study 11:00 a.m.
Daughters of Penelope 6:30 p.m.

**Saturday October 16**  
Taverna Night 7 p.m.

**Sunday October 17**  
Orthros 8:45 a.m.
Divine Liturgy 10:00 a.m.
Fall General Assembly
First day of Sunday School

Help us be social after church services! We are calling teens, men, and women to join our teams of volunteers that make social hour happen. Regular fellowship coffee hours start Sunday October 24 after church services.

General Assembly will be held on Sunday October 17 immediately following church services.
Taverna Night
St. George Cathedral
650 Hanover Street
Manchester NH

October 16, 2021
7 p.m. – 11 p.m.

$20.00 admission
Children under 16 Free
includes Greek appetizers

Greek and American Music
The Salonica Boys
Beer and Wine Bar

Tickets available at Church Office, and after Liturgy on Sundays during Coffee Hour.
"MAKE A JOYFUL SOUND UNTO THE LORD"

Worship in our Church can be a unique musical experience. The haunting melodies of the ancient Byzantine Chant and the magnificent choral masterpieces of renowned composers provide a soul-stirring means for us to sing praises to the Lord!

Have you ever wondered about the origin of our beautiful hymnology? It may surprise you to know that some of the hymns of the Church were written over a thousand years ago! On the cover of today's Church Bulletin is one of the hymnographers whose musical contributions have had a lasting effect on our moving service: ST. COSMAS.

St. Cosmas lived a full life of devotion to God and His Church. Orphaned at an early age, this 7th century saint had the good fortune of being adopted by a pious family in Damascus. Ironically, his step-brother, commonly referred to as St. John of Damascus, is perhaps the most famous melodist the Church has ever had!

After receiving an excellent education in the classic liberal arts, Cosmas and his brother John both entered the historic monastery of St. Savas in Jerusalem, where they immediately exhibited a great talent for music. After John was ordained to the holy priesthood, he remained at the monastery while Cosmos, following his ordination, was assigned to serve the Church in Gaza. While composing was his first and greatest love, St. Cosmas distinguished himself in other ways in his service to the Lord. He eventually accepted the demanding position of Bishop of Anthedon. It is said that Cosmas hardly slept, writing hymns for Christmas, Easter, Pentecost and other holy days in the wee hours of the morning! St. Cosmas died in 750 A.D. but through his music, he lives on!
God doesn’t want sadness!

We’ve all heard sad stories, haven’t we? Sometimes things are hard for people, or even for us. In today’s Gospel reading, we hear one of the saddest of all. We hear about a woman whose son had died. She was already a widow—her husband had died. Now her son had died, too. Of course, she was very upset!

When Jesus saw her, He felt sorry for her, too. “Do not weep,” He said. “Don’t cry.” Right then, He touched her son, and he rose up! The boy was alive again!

Lots of times, especially when you were little, your parents might have seen you sad or crying. “Don’t cry,” they said. Of course, your parents don’t want you to be sad.

Just like your loving parents, God does not want us to be sad either. And sometimes it’s hard to look past the sadness in this world, and to think about the joy God will give us in the world to come. God knows there is sadness in this life, but He will make things right for us in heaven. God has given us something to be very happy and joyful about. He gave His own Son, Jesus Christ. He opened up heaven for us, so that one day, we can be in a perfect place forever! “Don’t cry,” God tells us, too! But even better, God gives us a place where we won’t even want to cry!
WORD SEARCH

Can you find these words in the jumble?

Apostles
Gospel
Heaven
Ireland
Kenneth
Life
Love
Perfect
Preach
Sadness
Widow

What's in an icon?

Here is a special icon showing the saints of Ireland.

Can you find Saint Patrick in the middle? He is blessing the people! Saint Kenneth is beside him.
THE 12 APOSTLES OF IRELAND
SAINT KENNETH OF AGBABOE (IRELAND)

You know about the 12 apostles.
But do you know about the 12 apostles to Ireland? These 12 men lived 500 years after the first 12 apostles, but these Irish saints had the same goal—to tell the world the good news of Jesus Christ. You might hear about Saint Brendan or Saint Columba (they were two of the 12 Irish apostles).

Tomorrow, we celebrate the nameday of one of these 12 apostles, Saint Kenneth. (He is also known as Saint Cainnech.) He started many monasteries in Ireland and Scotland, but the most important monastery was in Aghaboe, Ireland, which is a little more than an hour from Dublin, Ireland’s capital.

People said that Saint Kenneth was a great preacher, and people would come from far away to listen to him speak about Christ. Other stories say he loved nature, and because he was a very gentle and holy man, the animals would come and want to be close to him.

If you ever visit the country of Ireland, you can find lots of places where the 12 Apostles to Ireland lived and worked. You will see many, many Christian churches. Then you’ll remember that before these 12 apostles came to the island, the people worshipped idols, not our one, true God!

We celebrate St. Kenneth on Monday, October 11th (OC: Oct. 24th).
Saint Kenneth, pray for us!