

Saint George Greek Orthodox Cathedral

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Sunday, March 13, 2022 / Sunday of Orthodoxy – First Sunday of Great Lent

*Apolytikion of the Sunday of Orthodoxy – sung before the small entrance and
sung again after the Resurrection Apolytikion*

Τὴν ἄχραντον εἰκόνα σου προσκυνοῦμεν Ἀγαθέ, αἰτούμενοι συγχώρησιν τῶν πταισμάτων ἡμῶν,
Χριστέ ὁ Θεός· βουλήσει γὰρ ἡδύοκησας σαρκὶ ἀνελθεῖν ἐν τῷ Σταυρῷ, ἵνα ρύσῃ οὖς ἔπλασας ἐκ
τῆς δουλείας τοῦ ἐχθροῦ· ὅθεν εὐχαρίστως βοῶμέν σοι· Χαράς ἐπλήρωσας τὰ πάντα ὁ Σωτὴρ
ἡμῶν, παραγενόμενος εἰς τὸ σῶσαι τὸν κόσμον.

We venerate Your immaculate icon, O good Lord, and entreat You to forgive our offenses, O Christ our
God. By Your own choice you were pleased to ascend the Cross in the flesh, to deliver us, whom You
created, from our slavery to the foe. Therefore we cry to You with gratitude: You have filled all things
with joy, O our Savior, by coming to save the world.

Resurrection Apolytikion of the tone of the week (Plagal 1)

Τὸν συνάναρχον Λόγον Πατρὶ καὶ Πνεύματι, τὸν ἐκ Παρθένου τεχθέντα εἰς σωτηρίαν ἡμῶν,
ἀνυμνήσωμεν πιστοὶ καὶ προσκυνήσωμεν· ὅτι ἡδύοκησε σαρκί, ἀνελθεῖν ἐν τῷ σταυρῷ, καὶ
θάνατον ὑπομεῖναι, καὶ ἐγείραι τοὺς τεθνεῶτας, ἐν τῇ ἐνδόξῳ Ἀναστάσει αὐτοῦ.

Let us worship the Word who is unoriginate with the Father and the Spirit, and from a Virgin was born
for our salvation, O believers, and let us sing His praise. For in His goodness He was pleased to ascend
the Cross in the flesh, and to undergo death, and to raise up those who had died, by His glorious Resur-
rection.

Apolytikion of our Church

Ὡς τῶν αἰχμαλώτων ἐλευθερωτῆς, καὶ τῶν πτωχῶν ὑπερασπιστῆς, ἀσθενούντων ἰατρός, βασιλέων
ὑπέρμαχος, Τροπαιοφόρε Μεγαλομάρτυς Γεώργιε, πρέσβευε Χριστῷ τῷ Θεῷ, σωθῆναι τὰς ψυχὰς
ἡμῶν.

As liberator of captives, defender of the poor, physician of the ailing, and champion of Kings, beseech Christ our God, O great martyr George, Standard Bearer, for the salvation of our souls.

Kontakion of the Feast

Τῇ ὑπερμάχῳ στρατηγῷ τὰ νικητήρια, ὡς λυτρωθεῖσα τῶν δεινῶν, εὐχαριστήρια, ἀναγράφω σοι ἡ Πόλις σου, Θεοτόκε· ἀλλ' ὡς ἔχουσα τὸ κράτος ἀπροσμάχητον, ἐκ παντοίων με κινδύνων ἐλευθέρωσον ἵνα κράζω σοι· Χαῖρε, Νύμφη ἀνύμφευτε.

To you the champion commander and deliverer, your city offers a thanksgiving song of victory, for been spared from trials, O Theotokos. But because you have the power invincible, from a multitude of dangers liberate me, so I can cry out to you: Hail Bride who knew no bridegroom.

Megalynarion (sung instead of Axion Estin)

Ἐπὶ σοὶ χαίρει, Κεχαριτωμένη, πᾶσα ἡ κτίσις, ἀγγέλων τὸ σύστημα, καὶ ἀνθρώπων τὸ γένος, ἡγιασμένε ναέ, καὶ Παράδεισε λογικέ, παρθενικὸν καύχημα· ἐξ ἧς Θεὸς ἐσαρκώθη, καὶ παιδίον γέγονεν, ὁ πρὸ αἰώνων ὑπάρχων Θεὸς ἡμῶν· τὴν γὰρ σὴν μήτραν θρόνον ἐποίησε, καὶ τὴν σὴν γαστέρα, πλατυτέραν οὐρανῶν ἀπειργάσατο. Ἐπὶ σοὶ χαίρει, Κεχαριτωμένη, πᾶσα ἡ κτίσις· δόξα σοι.

In you, O Lady full of grace, rejoices all creation, the orders of Angels and the human race together. O hallowed temple and rational Garden of Paradise, the pride of virgins, from you did God become incarnate, and our God who existed before the ages became a child. For He made your womb a throne for himself, and your body He made wider than the heavens. In you, O Lady full of grace, rejoices all creation. Glory to you.

The Choir wants YOU!

It's the time of year when everyone enjoys the special hymns the choir sings for Lent and Easter. Please join us! We look forward to filling the church with the sound of many voices singing these special hymns.



The Epistle Reading – Sunday, March 13, 2022

Blessed are you, O Lord, the God of our fathers. For you are just in all you have done.

The Reading is from St. Paul's Letter to the Hebrews 11:24-26, 32-40

Brethren, by faith Moses, when he was grown up, refused to be called the son of Pharaoh's daughter, choosing rather to share ill-treatment with the people of God than to enjoy the fleeting pleasures of sin. And what more shall I say? For time would fail me to tell of Gideon, Barak, Samson, Jephthah, of David and Samuel and the prophets -- who through faith conquered kingdoms, enforced justice, received promises, stopped the mouths of lions, quenched raging fire, escaped the edge of the sword, won strength out of weakness, became mighty in war, put foreign enemies to flight. Women received their dead by resurrection. Some were tortured, refusing to accept release, that they might rise again to a better life. Others suffered mocking and scourging, and even chains and imprisonment. They were stoned, they were sawn in two, they were killed with the sword; they went about in skins of sheep and goats, destitute, afflicted, ill-treated -- of whom the world was not worthy -- wandering over deserts and mountains, and in dens and caves of the earth. And all these, though well attested by their faith, did not receive what was promised, since God had foreseen something better for us, that apart from us they should not be made perfect.

Πρὸς Ἑβραίους 11:24-26, 32-40

Ἀδελφοί, πίστει Μωϋσῆς μέγας γενόμενος ἡρνήσατο λέγεσθαι υἱὸς θυγατρὸς Φαραώ, μᾶλλον ἐλόμενος συγκακουχεῖσθαι τῷ λαῷ τοῦ θεοῦ ἢ πρόσκαιρον ἔχειν ἀμαρτίας ἀπόλαυσιν· μέιζονα πλοῦτον ἡγησάμενος τῶν Αἰγύπτου θησαυρῶν τὸν ὀνειδισμόν τοῦ Χριστοῦ· ἀπέβλεπεν γὰρ εἰς τὴν μισθαποδοσίαν. Καὶ τί ἔτι λέγω; Ἐπιλείψει γὰρ με διηγούμενον ὁ χρόνος περὶ Γεδεών, Βαρὰκ τε καὶ Σαμψών καὶ Ἰεφθάε, Δαυὶδ τε καὶ Σαμουὴλ καὶ τῶν προφητῶν· οἱ διὰ πίστεως κατηγωνίσαντο βασιλείας, εἰργάσαντο δικαιοσύνην, ἐπέτυχον ἐπαγγελιῶν, ἔφραξαν στόματα λεόντων, ἔσβεσαν δύναμιν πυρός, ἔφυγον στόματα μαχαίρας, ἐνεδυναμώθησαν ἀπὸ ἀσθενείας, ἐγενήθησαν ἰσχυροὶ ἐν πολέμῳ, παρεμβολὰς ἔκλιναν ἀλλοτρίων. Ἔλαβον γυναῖκες ἐξ ἀναστάσεως τοὺς νεκροὺς αὐτῶν· ἄλλοι δὲ ἐτυμπανίσθησαν, οὐ προσδεξάμενοι τὴν ἀπολύτρωσιν, ἵνα κρείττονος ἀναστάσεως τύχωσιν· ἕτεροι δὲ ἐμπαιγμῶν καὶ μαστίγων πεῖραν ἔλαβον, ἔτι δὲ δεσμῶν καὶ φυλακῆς· ἐλιθάσθησαν, ἐπρίσθησαν, ἐπειράσθησαν, ἐν φόνῳ μαχαίρας ἀπέθανον· περιήλθον ἐν μηλωταῖς, ἐν αἰγείοις δέρμασιν, ὑστερούμενοι, θλιβόμενοι, κακουχούμενοι - ὧν οὐκ ἦν ἄξιος ὁ κόσμος - ἐν ἐρημίαις πλανώμενοι καὶ ὄρεσιν καὶ σπηλαίοις καὶ ταῖς ὁπαῖς τῆς γῆς. Καὶ οὗτοι πάντες, μαρτυρηθέντες διὰ τῆς πίστεως, οὐκ ἐκομίσαντο τὴν ἐπαγγελίαν, τοῦ θεοῦ περὶ ἡμῶν κρεῖττόν τι προβλεψαμένου, ἵνα μὴ χωρὶς ἡμῶν τελειωθῶσιν.

The Gospel Lesson – Sunday, March 13, 2022

Sunday of Orthodoxy / First Sunday of Great Lent

The Gospel Lesson is from John 1:43-52

At that time, Jesus decided to go to Galilee. And he found Philip and said to him, "Follow me." Now Philip was from Bethsaida, the city of Andrew and Peter. Philip found Nathanael, and he said to him, "We have found him of whom Moses in the law and also the prophets wrote, Jesus of Nazareth, the son of Joseph." Nathanael said to him, "Can anything good come out of Nazareth?" Philip said to him, "Come and see." Jesus saw Nathanael coming to him, and said of him, "Behold, an Israelite indeed, in whom is no guile!" Nathanael said to him, "How do you know me?" Jesus answered him, "Before Philip called you, when you were under the fig tree, I saw you." Nathanael answered him, "Rabbi, you are the son of God! You are the King of Israel!" Jesus answered him, "Because I said to you, I saw you under the fig tree, do you believe? You shall see greater things than these." And he said to him, "Truly, truly, I say to you, you will see heaven opened, and the angels of God ascending and descending upon the Son of man."

Κατὰ Ἰωάννην 1:43-52

Τῷ καιρῷ ἐκείνῳ, ἠθέλησεν ὁ Ἰησοῦς ἐξελθεῖν εἰς τὴν Γαλιλαίαν, καὶ εὗρίσκει Φίλιππον. καὶ λέγει αὐτῷ ὁ Ἰησοῦς, Ἀκολουθεῖ μοι. Ἦν δὲ ὁ Φίλιππος ἀπὸ Βηθσαϊδά, ἐκ τῆς πόλεως Ἀνδρέου καὶ Πέτρου. Εὗρίσκει Φίλιππος τὸν Ναθαναὴλ καὶ λέγει αὐτῷ, ὃν ἔγραψεν Μωϋσῆς ἐν τῷ νόμῳ καὶ οἱ προφῆται εὐρήκαμεν, Ἰησοῦν υἱὸν τοῦ Ἰωσήφ τὸν ἀπὸ Ναζαρέτ. Καὶ εἶπεν αὐτῷ Ναθαναὴλ, Ἐκ Ναζαρέτ δύναταί τι ἀγαθὸν εἶναι; λέγει αὐτῷ Φίλιππος, Ἔρχου καὶ ἴδε. Εἶδεν ὁ Ἰησοῦς τὸν Ναθαναὴλ ἐρχόμενον πρὸς αὐτὸν καὶ λέγει περὶ αὐτοῦ, Ἴδε ἀληθῶς Ἰσραηλίτης ἐν ᾧ δόλος οὐκ ἔστιν. Λέγει αὐτῷ Ναθαναὴλ, Πόθεν με γινώσκεις; ἀπεκρίθη Ἰησοῦς καὶ εἶπεν αὐτῷ, Πρὸ τοῦ σε Φίλιππον φωνῆσαι ὄντα ὑπὸ τὴν συκὴν εἰδόν σε. Ἀπεκρίθη αὐτῷ Ναθαναὴλ, Ῥαββί, σὺ εἶ ὁ υἱὸς τοῦ Θεοῦ, σὺ βασιλεὺς εἶ τοῦ Ἰσραὴλ. Ἀπεκρίθη Ἰησοῦς καὶ εἶπεν αὐτῷ, Ὅτι εἰπόν σοι ὅτι εἰδόν σε ὑποκάτω τῆς συκῆς πιστεύεις; μείζω τούτων ὅψη. Καὶ λέγει αὐτῷ, Ἀμὴν ἀμὴν λέγω ὑμῖν, ὅψεσθε τὸν οὐρανὸν ἀνεωγμένον καὶ τοὺς ἀγγέλους τοῦ Θεοῦ ἀναβαίνοντας καὶ καταβαίνοντας ἐπὶ τὸν υἱὸν τοῦ ἀνθρώπου.

ANNOUNCEMENTS

Sunday March 13

Zoom Library Project Update 1 p.m.

Monday March 14

Greek Pre-School 5 p.m.

Compline Service 6 p.m.

Tuesday March 15

Basketball 6 p.m.

Library Memory Project: Photograph Identifications 7 p.m.

Weekly Zoom meeting; link is available on Facebook or by email request at library@stgeorgenh.org

Wednesday March 16

Bible Study 11 a.m.

Liturgy of the Pre-Sanctified Gifts 5:30 p.m.

Lenten Potluck Supper and Lenten Lecture
in community center

Thursday March 17

Basketball 6 p.m.

Friday March 18

Second Salutation Service 7 p.m.

Saturday March 19

Scouts overnight in Community Center 5 p.m.

Basketball Clinic 9 a.m.

Marriage Prep Class 9:30 a.m.

CYO Basketball 11 a.m.

Lamb Shank Dinner Drive Thru 2 p.m. to 6 p.m.

Sunday March 20

Sunday of Saint Gregory Palamas

Orthros 8:45 a.m.

Divine Liturgy 10:00 a.m.

Greek Independence Day Celebration 1 p.m.

At Assumption Greek Orthodox Church

A basket will be passed today to help the IOCC Ukraine Crisis Response. Please make checks payable to "St George Cathedral". We will send one community check to assist with these humanitarian efforts. Thank you for your generosity.

Please join us!

St. George Family Movie Night March 21, 2022 @ 7 p.m.

\$20 per ticket (includes donation)

AMC Theater 16 Orchard View Drive Londonderry NH

Reserve your ticket: call church office (603)622-9113

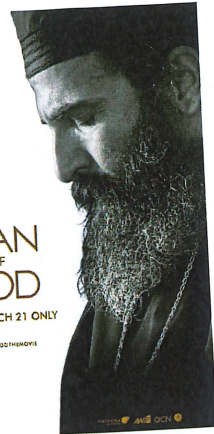
Exiled unjustly, convicted without trial, slandered without cause.

MAN OF GOD depicts the trials and tribulations of Saint Nektarios

of Aegina, as he bears the unjust hatred of his enemies while

preaching the Word of God.

MAN
OF
GOD
MON. MARCH 21 ONLY
#MANOFGODMOVIE



Spring Bus Trip to Brookline, MA!

Offered by the Library Memory Project

Saturday, April 2, 2022 9am—4pm

\$15 per person, children under 16 free.

Contact the church office for tickets

Holy Cross Chapel * Maliotis Cultural Center * Archbishop Iakovos Library *

Archbishop Iakovos Collection

RUMMAGE
SALE

April 9, 2022 9am to 3pm

Donations may be dropped off before

Thursday April 7 at the church

Monday through Friday from 8:30 am to 4 pm.

Palm Sunday Fish Dinner

Sunday, April 17 Following Divine Liturgy
Eat In or Take Out

Tickets must be purchased by Thursday April 14!!

On sale at coffee hour and in the church office

weekdays from 8:30am to 4:00pm



"WE VENERATE YOUR MOST-PURE IMAGE, O GOOD ONE"

Can you imagine walking into an Orthodox Church and **NOT** seeing any icons adorning the edifice? Can you visualize being told that icons could **NOT** be displayed in your own home? Indeed, there was a period in Church History when these preposterous suppositions were realities!

During the reign of Emperor Leo III (717 A.D. - 741 A.D.), the veneration of icons was deemed to be **IDOLATRY**. All such sacred images were ordered to be destroyed, and their defenders cast into prison. A bloody struggle broke out over this edict, and for over a century, the dispute raged, with both factions gaining control at various times. Finally, the iconoclasts were decisively defeated in 842 A.D. Through the efforts of the Empress Theodora and Patriarch Methodius I, the use and veneration of icons was restored. The day this blessed victory took place was the first Sunday of Lent, providing the basis for our annual liturgical celebration and procession with holy icons. We refer to this day as the **SUNDAY OF ORTHODOXY**, reminding us that the focal point of our celebration is the triumph of a **TRUTH** and **DOGMA** of the undivided Church.

One of the hymns from Matins on the First Sunday of Great Lent beautifully captures the spirit of the Church's position on holy icons: **"Preserving the ancestral laws of the church, we depict images of Christ, His blessed mother and the saints. As we venerate them with our lips, we cry out from the depths of our hearts: Bless, O Lord, all the works of Your hands."**

The Orthodox Weekly Bulletin Vestal, Cliffwood, New Jersey Litho in U.S.A.

The Children's Word

"Let the little children come to me, and do not forbid them, for to such is the Kingdom of Heaven." Mark 10:14

Sunday, March 13, 2022

Volume 10, Issue 11

A Ministry of the
Orthodox Christian Network



Your hero ancestors



Have your parents told you stories of their childhood? Have they told you stories about your grandparents? Or maybe *they've* told you stories of your great-grandparents?

As Orthodox Christians, we also have ancestors of our Church who have made us who we are today! That's right. Ever since the time of Christ—and even before then—saints have struggled so hard to keep the faith. They have been tortured. They have been made fun of. They have even risked their lives to keep the faith and to tell others about it. The epistle today tells us about what lots of faithful people went through. When we read about the lives of the saints, we hear more of these brave heroes of our Church.

Today after the Divine Liturgy, you'll hear the priest proclaim our faith, "This is the faith of the Apostles. This is the faith of the Fathers. This is the faith of the Orthodox. This is the faith which has established the Universe."

Every day—but especially today, the Sunday of Orthodoxy—let's be proud of our Orthodox faith. Let's be thankful too that God gave it to us. Let's also be thankful of our hero ancestors who gave everything to keep our Orthodox faith! And...let's follow their brave examples!

WORD SEARCH

Can you find these words in the jumble?

Benedict
Faithful
Fasting
Martyr
Monastery
Orthodoxy
Peaceful
Prayer
Rule
Slander

G	M	G	U	R	G	M	S	X	U	B	W	Z	A	D
N	F	E	L	U	Y	A	O	L	V	S	R	D	J	F
I	R	R	M	L	R	T	Q	N	A	U	B	O	R	C
T	Z	U	Z	E	P	D	R	R	A	N	I	C	S	Z
S	B	M	Y	Q	R	G	N	A	E	S	D	M	E	F
A	U	A	Z	O	Q	V	A	I	M	G	T	E	T	O
F	R	Y	P	B	E	N	E	D	I	C	T	E	R	P
P	E	A	C	E	F	U	L	L	N	Y	H	T	R	S
V	K	L	U	F	H	T	I	A	F	D	H	T	J	Y
L	Q	J	Q	H	U	H	W	H	J	O	N	G	C	R
G	H	V	H	B	M	I	U	T	D	S	J	A	X	K
S	F	M	F	K	F	X	Z	O	M	X	P	K	Q	V
C	E	B	L	F	E	R	X	X	P	R	S	S	M	D
B	H	L	F	H	R	Y	S	W	E	Z	J	J	X	J
W	C	D	Y	N	A	H	D	E	L	G	I	Y	E	B

WHAT'S IN AN ICON?

Saint Benedict had a sister, Saint Scholastica. She was the abbess of a convent near Saint Benedict's monastery.

These two saints were very close. They talked about their Christian faith together, and they helped each other grow closer to Christ!



SAINT BENEDICT

A MODEL FOR MONKS...AND ALL OF US

Has anybody ever said something about you that wasn't true? Maybe it was something little, like that you took an extra cookie (even though you didn't). What did you do? Did you argue and fight, or did you just walk away? Saint Benedict was a special and holy saint who had lies spread about him, but he quietly and peacefully walked away.



Saint Benedict grew up in the mountains of Italy. He was from a rich family and had faithful, Christian parents. When he was old enough, Benedict left home and lived in a cave way up in the mountains. He prayed there, and lived a very strict life with fasting and hard times. Faithful monks knew about Benedict and they wanted him to be their abbot (in charge of the monastery). Benedict made a kind of rule for monks that showed how they should spend their days, how they should pray, and how they should work. He followed the example of Saint Basil and other saints before him.

Benedict was a holy and very smart man. Sadly, some people knew this, and they were jealous of him. They spread lies about Benedict. Instead of arguing and clearing his name, Benedict just left and went back to a quiet and prayerful life alone. After a while, monks wanted him back. But again, people lied about him and Benedict left. Saint Benedict lived a long life and died peacefully.

Benedict gave a great example and rule for monks, but his humble and peaceful ways are really an example for all of us too!

We remember St. Benedict tomorrow, March 14th (OC: March 27th).

Saint Benedict, pray for us!



The Children's Word is a weekly bulletin for Orthodox Christian young people. Copyright 2022 Alexandra Houck. Email is [orthodoxchildrensword \(at\) gmail.com](mailto:orthodoxchildrensword@gmail.com). Find it each week at myocn.net.