



SAINT MACRINA

Saint George Greek Orthodox Cathedral

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Sunday, July 17, 2022 / Sunday of the Fathers of the Fourth Ecumenical Council

Apolytikion of the tone of the week (Tone 4)

Τὸ φαιδρὸν τῆς Ἀναστάσεως κήρυγμα, ἐκ τοῦ Ἀγγέλου μαθοῦσαι αἱ τοῦ Κυρίου Μαθήτριάι, καὶ τὴν προγονικὴν ἀπόφασιν ἀπορρίψασαι, τοῖς Ἀποστόλοις καυχώμεναι ἔλεγον· Ἐσκύλευται ὁ θάνατος, ἡγέρθη Χριστὸς ὁ Θεός, δωρούμενος τῷ κόσμῳ τὸ μέγα ἔλεος.

When the women Disciples of the Lord had learned from the Angel the joyful message of the Resurrection and had rejected the ancestral decision, they cried aloud to the Apostles triumphantly: Death has been despoiled, Christ God has risen, granting His great mercy to the world.

Apolytikion of the Holy Fathers

Ὑπερδεδοξασμένος εἶ, Χριστέ ὁ Θεὸς ἡμῶν, ὁ φωστῆρας ἐπὶ γῆς τοὺς Πατέρας ἡμῶν θεμελιώσας, καὶ δι' αὐτῶν πρὸς τὴν ἀληθινὴν πίστιν, πάντας ἡμᾶς ὁδηγήσας· πολυεύσπλαγχνε, δόξα σοι.

Supremely blessed are You, O Christ our God. You established the holy Fathers upon the earth as beacons, and through them You have guided us all to the true Faith, O greatly merciful One, glory be to You.

Apolytikion of our Church

Ὡς τῶν αἰχμαλώτων ἐλευθερωτῆς, καὶ τῶν πτωχῶν ὑπερασπιστῆς, ἀσθενούντων ἱατρός, βασιλέων ὑπέρμαχος, Τροπαιοφόρε Μεγαλομάρτυς Γεώργιε, πρέσβευε Χριστῷ τῷ Θεῷ, σωθῆναι τὰς ψυχὰς ἡμῶν.

As liberator of captives, defender of the poor, physician of the ailing, and champion of Kings, beseech Christ our God, O great martyr George, Standard Bearer, for the salvation of our souls.

Kontakion

Προστασία τῶν Χριστιανῶν ἀκαταίσχυντε, μεσιτεία πρὸς τὸν Ποιητὴν ἀμετάθετε, Μὴ παρίδης ἁμαρτωλῶν δεήσεων φωνάς, ἀλλὰ πρόφθασον, ὥς ἀγαθή, εἰς τὴν βοήθειαν ἡμῶν, τῶν πιστῶς κραυγαζόντων σοί. Τάχυνον εἰς πρεσβείαν, καὶ σπεῦσον εἰς ἱκεσίαν, ἢ προστατεύουσα ἀεὶ, Θεοτόκε, τῶν τιμώντων σε.

A protection of Christians unshamable, Intercessor to our Holy Maker, unwavering, reject not the prayerful cries of those who are in sin. Instead, come to us, for you are good; Your loving help bring unto us, Who are crying in faith to you: Hasten to intercede, and speed now to supplicate, As a protection for all time, Theotokos, for those who honor you.

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The Epistle Reading – Sunday, July 17, 2022

Be glad in the Lord, and rejoice, O righteous.

Blessed are they whose transgressions have been forgiven.

The Reading is from St. Paul's Letter to Titus 3:8-15

TITUS, my son, the saying is sure. I desire you to insist on these things, so that those who have believed in God may be careful to apply themselves to good deeds; these are excellent and profitable to men. But avoid stupid controversies, genealogies, dissensions, and quarrels over the law, for they are unprofitable and futile. As for a man who is factious, after admonishing him once or twice, have nothing more to do with him, knowing that such a person is perverted and sinful; he is self-condemned. When I send Artemas or Tychicos to you, do your best to come to me at Nicopolis, for I have decided to spend the winter there. Do your best to speed Zenas the lawyer and Apollos on their way; see that they lack nothing. And let our people learn to apply themselves to good deeds, so as to help cases of urgent need, and not to be unfruitful. All who are with me send greeting to you. Greet those who love us in the faith. Grace be with you all. Amen.

Πρὸς Τίτον 3:8-15

Πιστὸς ὁ λόγος, καὶ περὶ τούτων βούλομαί σε διαβεβαιουῖσθαι, ἵνα φροντίζωσιν καλῶν ἔργων προῖστασθαι οἱ πεπιστευκότες θεῷ. ταῦτά ἐστιν καλὰ καὶ ὠφέλιμα τοῖς ἀνθρώποις · μωρὰς δὲ ζητήσεις καὶ γενεαλογίας καὶ ἔριν καὶ μάχας νομικὰς περιῖστασο, εἰσὶν γὰρ ἀνωφελεῖς καὶ μάταιοι. αἰδέτικὸν ἄνθρωπον μετὰ μίαν καὶ δευτέραν νουθεσίαν παραιτοῦ, εἰδὼς ὅτι ἐξέστραπται ὁ τοιοῦτος καὶ ἁμαρτάνει, ὡς αὐτοκατάκριτος. Ὅταν πέμψω Ἀρτεμᾶν πρὸς σὲ ἢ Τυχικόν, σπούδασον ἐλθεῖν πρὸς με εἰς Νικόπολιν, ἐκεῖ γὰρ κέκρικα παραχειμάσαι. Ζηνᾶν τὸν νομικὸν καὶ Ἀπολλῶν σπουδαίως πρόπεμψον, ἵνα μηδὲν αὐτοῖς λείπη. μανθανέτωσαν δὲ καὶ οἱ ἡμέτεροι καλῶν ἔργων προῖστασθαι εἰς τὰς ἀναγκαίας χρείας, ἵνα μὴ ᾧσιν ἄκαρποι. Ἀσπάζονται σε οἱ μετ' ἐμοῦ πάντες. Ἀσπασαί τοὺς φιλοῦντας ἡμᾶς ἐν πίστει. ἡ χάρις μετὰ πάντων ὑμῶν.



Do you have the mis:

We are looking for the next generation (that's you, 5
identify the people in then

The Gospel Lesson – Sunday, July 17, 2022

Sunday of the Holy Fathers

The Reading is from Matthew 5:14-19

The Lord said to his disciples, "You are the light of the world. A city set on a hill cannot be hid. Nor do men light a lamp and put it under a bushel, but on a stand, and it gives light to all in the house. Let your light so shine before men, that they may see your good works and give glory to your Father who is in heaven. Think not that I have come to abolish the law and the prophets; I have come not to abolish them but to fulfill them. For truly, I say to you, till heaven and earth pass away, not an iota, not a dot, will pass from the law until all is accomplished. Whoever then relaxes one of the least of these commandments and teaches men so, shall be called least in the kingdom of heaven; but he who does them and teaches them shall be called great in the kingdom of heaven."

Κατὰ Ματθαῖον 5.14-19

Εἶπεν ὁ Κύριος τοῖς ἑαυτοῦ μαθηταῖς· Ὑμεῖς ἐστε τὸ φῶς τοῦ κόσμου. οὐ δύναται πόλις κρυβῆναι ἐπάνω ὄρους κειμένη· οὐδὲ καίουσιν λύχνον καὶ τιθέασιν αὐτὸν ὑπὸ τὸν μόδιον ἀλλ' ἐπὶ τὴν λυχνίαν, καὶ λάμπει πᾶσιν τοῖς ἐν τῇ οἰκίᾳ. Οὕτως λαμψάτω τὸ φῶς ὑμῶν ἔμπροσθεν τῶν ἀνθρώπων, ὅπως ἴδωσιν ὑμῶν τὰ καλὰ ἔργα καὶ δοξάσωσιν τὸν πατέρα ὑμῶν τὸν ἐν τοῖς οὐρανοῖς. Μὴ νομίσητε ὅτι ἦλθον καταλῦσαι τὸν νόμον ἢ τοὺς προφῆτας· οὐκ ἦλθον καταλῦσαι ἀλλὰ πληρῶσαι. Ἀμὴν γὰρ λέγω ὑμῖν, ἕως ἂν παρέλθῃ ὁ οὐρανὸς καὶ ἡ γῆ, ἰῶτα ἐν ἡ μία κεραία οὐ μὴ παρέλθῃ ἀπὸ τοῦ νόμου ἕως ἂν πάντα γένηται. Ὃς ἐὰν οὖν λύσῃ μίαν τῶν ἐντολῶν τούτων τῶν ἐλαχίστων καὶ διδάξῃ οὕτως τοὺς ἀνθρώπους, ἐλάχιστος κληθήσεται ἐν τῇ βασιλείᾳ τῶν οὐρανῶν· ὃς δ' ἂν ποιήσῃ καὶ διδάξῃ, οὗτος μέγας κληθήσεται ἐν τῇ βασιλείᾳ τῶν οὐρανῶν.

...sing piece? Join our Tuesday Zoom sessions and find out!

50- to 60-year-olds) to join our weekly photo ID sessions. Join us looking at photos so we can
n. Please help us get another step closer to completing this project.

Thank you, Meleti and Phil

ANNOUNCEMENTS

Monday July 18

Anagennesis 6:30 p.m.

Tuesday July 19

Library Memory Project Zoom Picture ID 7 p.m.

Sunday July 24

Orthros 8:45 a.m.

Divine Liturgy 10:00 a.m.

This morning we will be offering 40 day memorial services for George and Zoitsa Kitsis and Arthur Tolios. May their memories be eternal.

Altar candles this morning are provided in loving memory of Arthur Tolios by Vasilike Tolios and family.

This morning, the coffee hour is sponsored by Christine Samaras for the 40-day memorial of George & Zoitsa Kitsis. May their memory be eternal.

Join us as we cook for GLENDI!

We had a break to enjoy the summer in July, but note the upcoming dates when we can all enjoy some socializing as we make GLENDI goodies!

<i>August 8</i>	<i>GLENDI Cooking: Kourambiethes with Angela</i>
<i>August 23</i>	<i>Glendi Cooking: Koulourakia with Diane</i>
<i>August 30</i>	<i>Glendi Cooking: Finikia with Georgia and Marie</i>
<i>Sept 12 & 13</i>	<i>GLENDI Cooking: Spinach Pita with Angela</i>
<i>Sept 14</i>	<i>GLENDI Cooking: Galaktoboureko</i>

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***** DEADLINE FOR ADS IS JULY 29! *****

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A REMARKABLE WOMAN OF FAITH



Perhaps the most remarkable family in all of Christendom was that of St. Basil the Elder and St. Emmelia, who lived in the early fourth century in the land of Cappadocia, Asia Minor (today's Turkey). Both sons and daughters of this pious family are listed among the illustrious saints of the Church.

The eldest of the daughters was ST. MACRINA. It was this woman who had a profound influence on her brother, St. Basil the Great, one of the giant Hierarchs of Christianity. She was a woman of beauty and brains, as well as of profound piety and faith in Christ. She was engaged to be married, but the young man died suddenly, and this turn of events was to influence the remaining course of her life.

St. Macrina turned the family estate into a center of Christian life. The poor and disadvantaged found a refuge there; she got help from her brothers and sisters to establish an orphanage and a hospital; she gathered about herself dedicated women to serve the needs of the community in the name of the Lord. The place was a virtual lighthouse, shining with the light of Christ in a dark and sinful world.

But St. Macrina was not only great in the management of this Christian enterprise, she excelled as well in the knowledge and understanding of Holy Scripture and the theology of the faith. It is said that she knew much of the Bible by memory and was able to help people in distress by explaining passages of Holy Writ.

What an example this family is for our day, when destructive forces have eroded the structure of family life. It would help to acquaint ourselves with these Christians of an era long since past, but whose lives shine with Christian virtue to inspire us in our journey through life. St. Macrina fell asleep in Christ in the year 379.