



April 2, 2023

Sunday of Mary of Egypt

Saints of the Day: Titus the Wonderworker, Theodora of Palestine

WELCOME TO ALL VISITORS!!!

Thank you for worshipping with us!!! Please join us for fellowship immediately following The Divine Liturgy. For those visiting an Orthodox Church for the first time, please be aware that Holy Communion is a sign of unity of faith which is only offered to Baptized or Chrismated Orthodox Christians. All present are welcome, and encouraged, to receive the antidoron (bread given to those who do not/are not able receive Holy Communion) which is distributed at the end of the service. For those interested in learning more about the Orthodox Christian faith, please feel free to speak with Fr. Demetri after the service.

**WE ENCOURAGE EVERYONE TO FOLLOW ALONG AND PARTICIPATE IN
THE DIVINE LITURGY WITH THE BOOKS PROVIDED!!!**

MEMORIAL SERVICE

Electra Voulgaris Joaquin (40 days), Athanasios Getsios (1 year), Anita Stewart (3 years)
Coffee hour is sponsored in memory of Anita Stewart by her family.

WEEK IN PREVIEW

Sun, Apr 2

*Sunday of St. Mary
of Egypt*

*Orthros 8:45am
Divine Liturgy 10am*

Memorial Service

Sponsored Coffee
Hour

**Special General
Assembly**

Mon, Apr 3

Basketball
3rd Grade 4:30pm

Deadline for
Light Up the
Cathedral Luminaries

Tues, Apr 4

Funeral 10am
William Pappas

Choir Rehearsal 6pm
Library Memory
Project Photo ID by
Zoom 7pm

Wed, Apr 5

Bible Study in Library
11am

Learn to Chant in
Library 7pm

Thurs, Apr 6

Choir Rehearsal 6pm

Deadline for
Palm Sunday
Fish Dinner Tickets

Sat, Apr 8

*Saturday of Lazarus
Orthros 8:30am
Divine Liturgy 9:30am*

Pancake Breakfast
Folding of Palms
Greek Preschool 9am

Sun, Apr 9

*Palm Sunday
Orthros 8:45am
Divine Liturgy 10am*

Palm Sunday Fish
Dinner
Bridegroom Service
6pm

Hymns Chanted Following the Small Entrance

Resurrectional Hymn in the First Tone

Τοῦ λίθου σφραγισθέντος ὑπὸ τῶν Ἰουδαίων, καὶ στρατιωτῶν φυλασσόντων τὸ ἄχραντόν σου σῶμα, ἀνέστης τριήμερος Σωτήρ, δωρούμενος τῷ κόσμῳ τὴν ζωὴν. Διὰ τοῦτο αἱ Δυνάμεις τῶν οὐρανῶν ἐβόων σοι Ζωοδότα· Δόξα τῇ ἀναστάσει σου Χριστέ, δόξα τῇ βασιλείᾳ σου, δόξα τῇ οἰκονομίᾳ σου, μόνε Φιλάνθρωπε.

The stone having been sealed by the Pharisees and chief priests, * and Your all [1] immaculate body being guarded by soldiers, * You rose on the third day, O Lord and Savior, granting life unto the world. * Then the powers of the heavens cried out to You, O Giver of Life, and shouted, * "Glory to Your resurrection, O Christ! * Glory to Your eternal rule! * Glory to Your saving plan, O God who love humanity!"

Anthem for the Saint in the Plagal of the Fourth Tone

Ἐν σοὶ Μῆτερ ἀκριβῶς διεσώθη τὸ κατ' εἰκόνα· λαβοῦσα γὰρ τὸν σταυρόν, ἡκολούθησας τῷ Χριστῷ, καὶ πράττουσα ἐδίδασκες ὑπερορᾶν μὲν σαρκὸς παρέρχεται γάρ, ἐπιμελεῖσθαι δὲ ψυχῆς, πράγματος ἀθανάτου· διὸ καὶ μετὰ Ἀγγέλων συναγάζεται Ὁσία Μαρία τὸ πνεῦμά σου.

In you, O Mother, is preserved undistorted what was made in the image of God; for taking up the cross, you followed Christ and by example taught, that we should overlook the flesh, since it passes away, and instead look after the soul, since it is immortal. And therefore, O devout Mary, your spirit rejoices with the angels.

Anthem of St. George in the Fourth Tone

Ὡς τῶν αἰχμαλώτων ἐλευθερωτής, καὶ τῶν πτωχῶν ὑπερασπιστής, ἀσθενούντων ἱατρός, βασιλέων ὑπέρμαχος, Τροπαιοφόρε Μεγαλομάρτυς Γεώργιε, πρέσβευε Χριστῷ τῷ Θεῷ, σωθῆναι τὰς ψυχὰς ἡμῶν.

Liberator of captives and defender of the poor, physician of the sick and champion of kings, oh Trophy-bearer and Great Martyr George, intercede with Christ our God, that our souls be saved.

Seasonal/Kontakion Hymn in the Plagal of the Fourth Tone

Προστασία τῶν Χριστιανῶν ἀκαταίσχυντε, μεσιτεία, πρὸς τὸν Ποιητὴν ἀμετάθετε, μὴ παρίδης, ἁμαρτωλῶν δεήσεων φωνάς, ἀλλὰ πρόφθασον, ὡς ἀγαθή, εἰς τὴν βοήθειαν ἡμῶν, τῶν πιστῶς κραυγαζόντων σοι· Τάχυνον εἰς πρεσβείαν, καὶ σπεῦσον εἰς ἰκεσίαν, ἡ προστατεύουσα ἀεὶ, Θεοτόκε, τῶν τιμώντων σε.

A Protection of Christians unshamable, intercessor to our Holy Maker unwavering; reject not, the prayerful cries of those who are in sin. Instead, come to us for you are good; your loving help bring unto us who are crying in faith to you: Hasten to intercede and speed now to supplicate, as a protection for all time, Theotokos for those who honor you.

SCRIPTURE READINGS

Hebrews 9:11-14

BRETHREN, when Christ appeared as a high priest of the good things that have come, then through the greater and more perfect tent (not made with hands, that is, not of this creation) he entered once for all into the Holy Place, taking not the blood of goats and calves but his own blood, thus securing an eternal redemption. For if the sprinkling of defiled persons with the blood of goats and bulls and with the ashes of a heifer sanctifies for the purification of the flesh, how much more shall the blood of Christ, who through the eternal Spirit offered himself without blemish to God, purify your conscience from dead works to serve the living God.

Εβραιους 9:11-14

Ἀδελφοί, Χριστὸς δὲ παραγενόμενος ἀρχιερεὺς τῶν μελλόντων ἀγαθῶν, διὰ τῆς μείζονος καὶ τελειότερας σκηνῆς, οὐ χειροποιήτου, τοῦτ' ἔστιν, οὐ ταύτης τῆς κτίσεως, οὐδὲ δι' αἵματος τράγων καὶ μόσχων, διὰ δὲ τοῦ ἰδίου αἵματος εἰσῆλθεν ἐφάπαξ εἰς τὰ ἅγια, αἰωνίαν λύτρωσιν εὐράμενος. Εἰ γὰρ τὸ αἷμα ταύρων καὶ τράγων, καὶ σποδὸς δαμάλεως ῥαντίζουσα τοὺς κεκοινωμένους, ἀγιάζει πρὸς τὴν τῆς σαρκὸς καθαρότητα, πόσω μᾶλλον τὸ αἷμα τοῦ Χριστοῦ, ὃς διὰ πνεύματος αἰωνίου ἑαυτὸν προσήνεγκεν ἁμωμον τῷ θεῷ, καθαρῇ τὴν συνείδησιν ὑμῶν ἀπὸ νεκρῶν ἔργων, εἰς τὸ λατρεύειν θεῷ ζῶντι;

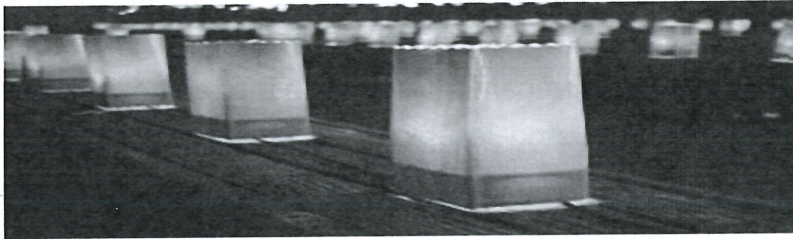
Mark 10:32-45

At that time, Jesus took his twelve disciples, and he began to tell them what was to happen to him, saying, "Behold, we are going up to Jerusalem; and the Son of man will be delivered to the chief priests and the scribes, and they will condemn him to death, and deliver him to the Gentiles; and they will mock him, and spit upon him, and scourge him, and kill him; and after three days he will rise." And James and John, the sons of Zebedee, came forward to him, and said to him, "Teacher, we want you to do for us whatever we ask of you." And he said to them, "What do you want me to do for you?" And they said to him, "Grant us to sit, one at your right hand and one at your

left, in your glory." But Jesus said to them, "You do not know what you are asking. Are you able to drink the cup that I drink, or to be baptized with the baptism with which I am baptized?" And they said to him, "We are able." And Jesus said to them, "The cup that I drink you will drink; and with the baptism with which I am baptized, you will be baptized; but to sit at my right hand or at my left is not mine to grant, but it is for those for whom it has been prepared." And when the ten heard it, they began to be indignant of James and John. And Jesus called them to him and said to them, "You know that those who are supposed to rule over the Gentiles lord it over them, and their great men exercise authority over them. But it shall not be so among you; but whoever would be great among you must be your servant, and whoever would be first among you must be slave of all. For the Son of man also came not to be served but to serve, and to give his life as a ransom for many."

Μαρκον 10:32-45

Τῷ καιρῷ ἐκείνῳ, παραλαβάνει ὁ Ἰησοῦς τοὺς δώδεκα μαθητάς αὐτοῦ καὶ ἤρξατο αὐτοῖς λέγειν τὰ μέλλοντα αὐτῷ συμβαίνειν, ὅτι ἰδοὺ ἀναβαίνομεν εἰς Ἱεροσόλυμα καὶ ὁ υἱὸς τοῦ ἀνθρώπου παραδοθήσεται τοῖς ἀρχιερεῦσι καὶ γραμματεῦσι, καὶ κατακρινοῦσιν αὐτὸν θανάτῳ καὶ παραδώσουσιν αὐτὸν τοῖς ἔθνεσι, καὶ ἐμπαίξουσιν αὐτῷ καὶ μαστιγώσουσιν αὐτὸν καὶ ἐμπτύσουσιν αὐτῷ καὶ ἀποκτενοῦσιν αὐτόν, καὶ τῇ τρίτῃ ἡμέρᾳ ἀναστήσεται. Καὶ προσπορεύονται αὐτῷ Ἰάκωβος καὶ Ἰωάννης υἱοὶ Ζεβεδαίου λέγοντες· διδάσκαλε, θέλομεν ἵνα ὁ ἐὰν αἰτήσωμεν ποιήσης ἡμῖν. ὁ δὲ εἶπεν αὐτοῖς· τί θέλετε ποιῆσαί με ὑμῖν; οἱ δὲ εἶπον αὐτῷ· δὸς ἡμῖν ἵνα εἷς ἐκ δεξιῶν σου καὶ εἷς ἐξ εὐωνύμων σου καθίσωμεν ἐν τῇ δόξῃ σου. ὁ δὲ Ἰησοῦς εἶπεν αὐτοῖς· οὐκ οἶδατε τί αἰτεῖσθε. δύνασθε πιεῖν τὸ ποτήριον ὃ ἐγὼ πίνω, καὶ τὸ βάπτισμα ὃ ἐγὼ βαπτίζομαι βαπτισθῆναι; οἱ δὲ εἶπον αὐτῷ· δυνάμεθα. ὁ δὲ Ἰησοῦς εἶπεν αὐτοῖς· τὸ μὲν ποτήριον ὃ ἐγὼ πίνω πίεσθε, καὶ τὸ βάπτισμα ὃ ἐγὼ βαπτίζομαι βαπτισθήσεσθε· τὸ δὲ καθίσαι ἐκ δεξιῶν μου καὶ ἐξ εὐωνύμων οὐκ ἔστιν ἐμὸν δοῦναι, ἀλλ' οἷς ἡτοίμασται. Καὶ ἀκούσαντες οἱ δέκα ἤρξαντο ἀγανακτεῖν περὶ Ἰακώβου καὶ Ἰωάννου. ὁ δὲ Ἰησοῦς προσκαλεσάμενος αὐτοὺς λέγει αὐτοῖς· οἶδατε ὅτι οἱ δοκοῦντες ἀρχεῖν τῶν ἐθνῶν κατακυριεύουσιν αὐτῶν καὶ οἱ μεγάλοι αὐτῶν κατεξουσιάζουσιν αὐτῶν· οὐχ οὕτω δὲ ἔσται ἐν ὑμῖν, ἀλλ' ὅς ἐάν θέλῃ γενέσθαι μέγας ἐν ὑμῖν, ἔσται ὑμῶν διάκονος, καὶ ὅς ἐάν θέλῃ ὑμῶν γενέσθαι πρῶτος, ἔσται πάντων δοῦλος· καὶ γὰρ ὁ υἱὸς τοῦ ἀνθρώπου οὐκ ἦλθε διακονηθῆναι, ἀλλὰ διακονῆσαι, καὶ δοῦναι τὴν ψυχὴν αὐτοῦ λύτρον ἀντὶ πολλῶν.



LIGHT UP THE CATHEDRAL

The Daughters of Penelope invite you to purchase luminaries in memory of your loved ones, which will be lit around the Cathedral on Good Friday Evening.

The purchase price of each luminary is a donation of \$5.00 for each name or family name.

Kindly fill out the form and return it with your donation no later than APRIL 3, 2023. Checks should be made out to Daughters of Penelope #51 and sent to Maria Dongas, PDG, 846 Union Street Manchester, NH 03104.

Your Name _____

Name(s) to Appear on the Luminaries (please print)

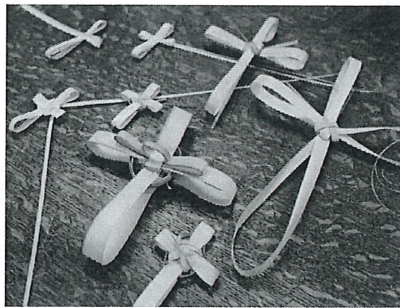
1. _____
2. _____
3. _____
4. _____

Total Amount Enclosed: \$ _____

Thank you for your Support of this fundraiser sponsored by the Daughters of Penelope Ilios Chapter 51 Manchester NH

Palm Sunday Fish Dinner

Sunday, April 9, 2023
Following Divine Liturgy
Eat In or Take Out



Fish, Rice, Green Beans, Salad, Roll \$20 each

Pasta Meal for kids \$8 each

Sorbet for dessert

*Tickets are on sale at coffee hour and
in the church office weekdays from 8:30am to 4:00pm*

Tickets must be purchased by Thursday April 6!!

Please make checks payable to Anagennesis Ladies Society

St. George Greek Orthodox Cathedral
650 Hanover Street, Manchester, NH 603-622-9113

GREAT AND HOLY WEEK SERVICES



As we celebrate this most Holy and Sacred week of our Lord's Passion, we pray that our entire Parish will prioritize and arrange their schedules to participate in as many of the Divine Services as possible.

We encourage all of our Faithful to be witnesses in the Passion of our Lord: His betrayal, arrest, death on the Cross, burial, and finally His Glorious Resurrection.

Fr. Demetri, the officers and members of the Board of Directors, wish a Blessed and Joyful Pascha to all of our Parish family members and friends.

Lazarus Saturday, April 8

Matins 8:30am

Divine Liturgy 9:30am

*Pancake & Palm Cross making
to follow*

Palm Sunday, April 9

Matins 8:45am

Divine Liturgy 10:00am

with Fish Dinner to follow

April 9, 10, 11

Bridegroom Services 6:00pm

Holy Wednesday, April 12

Mystery of Holy Unction 4:00pm

Holy Thursday, April 13

Vespertal Divine Liturgy 9:30am

The Passion of our Lord 6:00pm

Holy Friday, April 14

The Royal Hours 8:30am

Decorating of Kouvouklion

Youth Retreat 10:30am

Un-Nailing Service 2:00pm

The Engomia 6:00pm

Great Holy Saturday, April 15

Vespertal Divine Liturgy 9:30am

Paschal Vigil 11:00pm

Pascha Reception to follow

Great Holy Pascha Sunday, April 16

Vespers of Love 11:00am

Gospel Passages in many languages

Egg Hunt for kids to follow



ST. GEORGE
GREEK ORTHODOX CATHEDRAL

GREAT AND HOLY PASCHA
April 16, 2023

VESPERS OF LOVE



*We are looking for
individuals to read the
Gospel passages in as
many languages as
possible during this
beautiful Service on
Pascha!*

If you are interested in participating, please
contact the Church office office@stgeorgenh.org

Use this QR Code to Scan to view all the
languages available.





Family Connections

5th Sunday of Lent: St. Mary of Egypt

Hebrews 9:11-14 & Mark 10:32-45

Repentance is the daughter of hope and the denial of despair. It is not despondency but eager expectation. It is not self-hatred but the affirmation of my true self as made in God's image. To repent is to look, not downward at my own shortcomings, but upward at God's love; not backward with self-reproach, but forward with trustfulness. It is to see, not what I have failed to be, but what by the grace of Christ I can yet become.

—St. John Climacus (7th century)

EXPLORE TOGETHER:

St. Mary of Egypt Hike—St. Mary's life is a truly inspiring story of repentance. She lived a life of complete debauchery fulfilling her many desires—but through her repentance and confession she lived 47 years in the desert and is numbered among the virgin martyrs. Find a place to go for a hike as a family—away from the hustle and bustle of town. When you find a

quiet place to rest, share the story of St. Mary of Egypt. Although most of us aren't being called to retreat from the world, discuss how we can "retreat" each day to connect with God. Visit www.lent.goarch.org for information about St. Mary of Egypt and resources to guide your Lenten journey.

Confession—As we are quickly approaching Holy Week, now would be a good time to again encourage everyone in your family to go for confession. To help your children understand the sacrament, take a long string and have your child hold one end while the other end rests at an icon of Christ. Show them that when we sin we cut our connection to Christ; take a pair of scissors and cut the string. Next, show them that when we confess our sins the connection is restored; tie the two pieces of string back together. Repeat this several times until your children realize that each time you tie the string they move closer to Christ. Discuss how confession not only repairs our broken connection but actually brings us closer to Christ. Watch the four-minute Be the Bee episode #36 "Confession" (<https://bethebee.goarch.org/>) as a family in preparation.

Before church next week, read the scripture passages for the
Palm Sunday: Triumphant Entry
Philippians 4:4-9 & John 12:1-18

FOR MORE INFORMATION FOR COUPLES AND FAMILIES, VISIT:



Center for Family Care of the Greek Orthodox Archdiocese of America
www.family.goarch.org



Dear Parents,

This letter is to inform you that the St. John Chrysostom Oratorical Festival will once again be held in our Church (*finalizing the date for either late April or Early May*) for Junior Divisions Grades 7th, 8th, 9th, and Senior Division Grades 10th, 11th & 12th.

The St. John Chrysostom Oratorical Festival is a Nationwide program of the Department of Religious Education of our Archdiocese, where Orthodox youth present speeches discussing their Faith and Church.

Our Youth get to explore and deepen their faith and hone their speech writing and public speaking skills. Finalists can earn sizable awards and scholarships at the National Finals. And finalists can also earn scholarships at each of the three levels.

The festival begins on the local Parish level and from their two finalists (one from each division) advance to the Metropolis level.

Each participant must select a topic, fill out the registration form and submit it online and prepare a 3-5 minute speech/presentation on that topic.

We feel that the Oratorical Festival is an important component of the religious education of each Orthodox Christian student. In the words of St. Theophan the Recluse, "Of all holy works, the education of children is the most holy." There is "no finer way to embark on such a worthwhile ministry," than to have our youth participate in the St. John Chrysostom Oratorical Festival.

Everything participants need to know about eligibility, speech requirements and guidelines can be found in the Oratorical Festival Manual under the Participant Information section. To help we have added a QR code to take you directly to the site.



We are currently looking for an Oratorical Festival Chairperson. So please either see Fr. Demetri if the Spirit moves you to help us this year!!!

A Taste of GLENDI!

Drive Thru Event

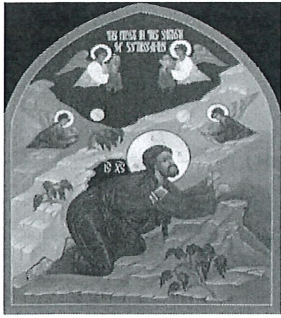
St. George Greek Orthodox Cathedral
650 Hanover Street
Manchester, NH
603-622-9113

GYRO DAY

Saturday, April 22, 2023
11 am to 5 pm

Gyro Bag:
Gyro, chips and soda or water
\$10.00 per bag!
Cash Only





PRAYER LIST

Pondering on the words of St. Paul, "Let no one seek his own, but each one the other's wellbeing. (I Cor. 10:24).

Give rest to the weary, visit the sick, support the poor, for this is also worship. Aphahat

For any prayer concern (salvation, health, employment, stress and anxieties, etc.) please send baptismal names only

to: office@stgeorgenh.org

We may not be able to help others materially or medically, but God does hear our prayers and always asks us to pray for each other and so build up the Body of Christ (Eph. 4:11-16).

For health, recovery from illness and surgery: Fr. Angelo, Fr. Nicholas, Fr. Peter, Leah, Thomas, Tom, Soultana, Nick, Maura, Ernie, Dean, Vasilios, Rigley, Zachary, Luke, Rachel, Daniel, Kathy, Helen, Eleftheria, Elanie, Andrew, Jamie, Megan, Stephanie, Katherine, Christos, Maureen, Vasiliki, Maria, Faye

For comfort, spiritual help & strengthening of faith: Pres. Patricia and family, Pres. Diane, Pres. Sophia, Pres. Dianthe, Barbara, Nancy, Amantha and Family, Maddie, Dino, Nick, Connie

For couples, parents, and their families: Neal and Elena, Paul – Kristin & Michael Francis, Penelope & Florence, Teddy, Alyssa and George, Tracy & family, Christina & Casey

For those engaged to be married: Karleigh and Stavros, Katerina and Dennis

For conceiving of children:

For childbearing:

For those in the Armed Forces: Benjamin, Michael, Gabriel, Felipe

For those travelling abroad:

For those seeking employment: Lia, Jillian

PARISH ANNOUNCEMENTS

SPECIAL GENERAL ASSEMBLY - Today, April 2, is the Special General Assembly following Divine Liturgy. Please join us in the Community Center following the service.

ALTAR CANDLES AND ALTAR FLOWERS are offered in loving memory of Electra Voulgaris Joaquin by Rita Voulgaris and the Voulgaris family. May her memory be eternal!

PART-TIME CHANTERS/READERS NEEDED - We have services during Great and Holy Week next week. We welcome those who would like to assist and help with the readings. If you would like to volunteer to help with reading various Scripture passages or to chant, please come to the chanter stand before the service to offer your participation.

GREAT & HOLY FRIDAY RETREAT - We are happy to inform you that we are planning to have this retreat for the young people of our Parish Family. The retreat welcomes children from grades K - 12. Those families that are interested we ask that you email the church office so we can begin to know who is interested in this Retreat!

GREAT LENT REFLECTION TABLE - Check out the Great Lent Reflection table to the left of the entrance to the community center. There are various articles and reflections for you to take for yourself or to share with a loved one.

CHAIRPERSON NEEDED - We are looking to hold the Parish level of the St. John Chrysostom Oratorical Festival, yet we ***NEED*** a chairperson. There is a handout in this bulletin with more information about the Festival. Junior Division (grades 7-9) and Senior Division (10-12). Please contact Fr. Demetri if you would like to be the Chairperson.

LIGHT UP THE CATHEDRAL - The Daughters of Penelope invite you to purchase luminaries in memory of your loved ones which will be lit around the Cathedral on Good Friday Evening. Please see the forms for more information. **Send in your form by April 3.**

MYROFORES - All young ladies of the community are welcome to be Myrofores for the Good Friday services in the afternoon and evening on April 14. Please email Athena Bevan at sundayschool@stgeorgenh.org.

PARISH ANNOUNCEMENTS CONTINUED

WEEKLY BIBLE STUDY – You are invited to join us for our weekly Bible Study which meets on Wednesdays at 11am in the Library. We are discussing St. Paul's 1st Letter to Timothy. We do respect one's time and therefore the Bible Study will be one hour. We hope you will join us!

EASTER FLOWER DONATIONS – The Anagennesis Ladies Society will be decorating the Cathedral to celebrate Easter. Easter Flower Offering Forms are available in the Narthex and Community Center. Thank you for your generosity!

PALM SUNDAY FISH DINNER – Save the date of April 9 for the Anagennesis Palm Sunday Fish Dinner! Tickets are available at coffee hour and in the church office. See the flyers for details. **Purchase your ticket by April 6.**

PASCHA EGGS – The Anagennesis Ladies are asking for individuals to donate one or two dozen red, cooked eggs for Pascha. Eggs should be delivered to the Church during Holy Week, through Holy Friday, April 14. Your response to this appeal is greatly appreciated.

PROCESSION OF KOUVOUKLION/EPITAPHIOS - If any strong men and women would like to assist during the procession on Great and Holy Friday evening, please speak with a member of the Board of Directors.

PASCHA FELLOWSHIP HOUR- Easter morning after the Divine Liturgy, come, break the fast, and celebrate the Glorious Resurrection of our Lord and Savior. The Board of Directors will provide roast lamb and liquid refreshments. Bring a dish to share and join your fellow parishioners in the celebration. All are welcome! Kindly let Tom Tsirimokos know what you will bring to share and if you can assist with setting up and cleanup after the event. His telephone is 603-759-6071 and email tsirimokos@comcast.net. Καλή Ανάσταση!

VESPERS OF LOVE SERVICE ON PASCHA - As we have in previous years, we are looking for those who can read foreign languages to proclaim the Gospel in as many languages as possible (which is the tradition of the Church at this service). A flyer is included in this bulletin.

GYRO DRIVE-THRU – Join us on Saturday April 22 between 11am and 5pm for the Gyro Drive-Thru. Receive a gyro, a bag of chips, and a drink for \$10 (cash only).

AN IMAGE OF TRUE REPENTANCE

Throughout the season of Great Lent, one message is echoed repeatedly: *REPENTANCE*. In fact, even before the beginning of this 40-day fast, our Church places before us the thought that we must repent of our sins. Will we be found worthy of the great gift of salvation that the Resurrected Christ brings to His faithful followers?

True repentance is a process that is often misunderstood. It involves much more than merely confessing our sins. It even goes far beyond expressing sincere sorrow for our transgressions. Indeed, true repentance calls out to us to *CHANGE OUR LIVES COMPLETELY!* When we repent of our sins, we are expected to strive with all of our strength to rid our lives of the shameful things that we do which are contrary to God's laws. Repentance is "making right" all of the "wrongs" of which we are guilty.

No one understood the necessity of true repentance better than *ST. MARY OF EGYPT*. In her early years, Mary lived a life of immorality and promiscuity. While visiting Jerusalem one day, her eyes were opened to the sinfulness of her ways when some "hidden force" prevented her from entering the Church of the Holy Sepulchre. Realizing her unworthiness before God, this 6th century saint retired to the desert region beyond the Jordan River, leaving her past life behind. For nearly 50 years, she devoted her life to prayer and fasting, as she attempted to live in a manner that properly captured the spirit of repentance.

This is why our Church honors her memory annually on the 5th Sunday of Lent. As this sacred time of year rapidly draws to a close, we are asked to be imitators of Mary of Egypt. May we find encouragement in her example as we struggle to overcome our sins.

The Orthodox Weekly Bulletin Vestal, Cliffwood, New Jersey Litho in U.S.A.

St. George Greek Orthodox Cathedral

650 Hanover Street, Manchester, NH 03104

Please visit our website: www.stgeorgenh.org

Office Telephone: (603) 622-9113 E-mail: office@stgeorgenh.org

Fr. Demetrios Costarakis, Cathedral Dean

Father's E-mail: frdcostarakis@stgeorgenh.org

Lord's Day (Sunday) Services:

Orthros/Matins: 8:45 a.m. Divine Liturgy: 10:00 a.m.

An electronic copy of this bulletin is available on the website.

The Children's Word

"Let the little children come to me, and do not forbid them, for to such is the Kingdom of Heaven." Mark 10:14

Sunday, April 2, 2023

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Are you a servant?



Like a servant, Jesus washes the feet of His disciples.

Have you ever played kings and queens, or princes and princesses? Probably. Have you ever played servants? Maybe not. Everybody seems to want to be in charge. Nobody wants to be the servant!

But did you know? God wants us all to be servants. In the Gospel today, we hear these words:

"whoever wishes to become great among you must be your servant, and whoever wishes to be first among you must be slave of all." In just two weeks, we will see how our Lord became a servant for us!

He served *us* when He died on the Cross. He did

that so that one day, we could be with Him in heaven.

But how can *we* be servants? There is a great story about Saint Nektarios. He was a bishop and the principal of a school. One day the custodian at the school got sick and was going to lose his job! Every day, Saint Nektarios would wake up extra early to clean the floors, the bathrooms, and the whole school. He did that so the sick man could keep his job. Saint Nektarios was in charge, but he became a servant so he could help the poor man.

Can you think of any ways you can be humble, like a servant? Remember, God wants us to serve, not to be served!

WORD SEARCH

Can you find these words in the jumble?

Deaconess

Desert

Humility

Mary of Egypt

Monastery

Platonida

Prayer

Saint

Servant

S	S	N	V	Z	L	L	H	F	J	J	E	P	V	R
V	O	E	M	M	V	C	O	L	J	E	O	B	M	H
O	D	M	R	A	D	Q	O	M	R	S	T	U	O	U
L	K	B	B	V	B	F	M	T	S	F	D	N	I	M
B	U	O	V	C	A	Q	R	E	R	W	G	A	Z	I
D	Y	U	M	Y	M	N	N	Z	W	E	H	V	P	L
V	M	A	D	I	N	O	T	A	L	P	S	R	S	I
O	R	K	U	C	C	F	P	Q	K	X	A	E	I	T
J	T	U	W	A	T	S	H	Q	D	Y	E	X	D	Y
Y	P	C	E	O	N	U	J	Z	E	Z	L	W	N	V
X	J	D	I	C	I	W	S	R	T	H	V	R	N	U
S	M	A	D	M	A	R	Y	O	F	E	G	Y	P	T
V	B	T	Z	G	S	S	E	I	V	H	S	B	R	Y
X	P	N	A	W	Y	E	Y	S	V	Z	R	N	I	D
S	S	T	K	W	Y	R	E	T	S	A	N	O	M	K

WHAT'S IN THE ICON?

Like Saint Platonida, Saint Mary of Egypt was another holy woman who went into the desert, so she could grow closer to God!

We celebrate her today, the 5th Sunday of Lent.



REMEMBERING THE CRUCIFIXION

SAINT PLATONIDA OF SYRIA

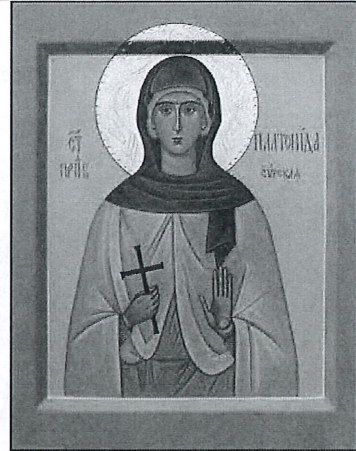
Next Friday, we'll all come together to remember Christ's holy crucifixion. We'll see the Cross in the front of the church, and we'll read the Gospels that tell us about the horrible things that our Lord suffered.

We remember these events on Holy Friday, but sometimes we forget to think about them throughout the rest of the year. This week, we celebrate a saint who always did remember our Lord's crucifixion with a lot of prayer.

Saint Platonida lived in Syria many, many years ago. She was a deaconess, and she helped serve at baptisms for women who were becoming Christians. Later on, she went into the desert to focus more on her prayers to God. She started a women's monastery there.

Saint Platonida's monastery was pretty strict! The women didn't eat much, they had lots of chores, and they prayed a lot. But on Friday, all the work would stop. Saint Platonida felt that it was so important to remember *every Friday* what our Lord suffered. So, the women would spend the whole day, filled only with prayer.

We can try to be a little more like Saint Platonida too! In the regular year, we have Fridays to remember Christ's crucifixion. We fast, and we can pray special prayers. Let's take Fridays seriously, just as Saint Platonida did!



We remember Saint Platonida on Thursday, April 6th (OC: April 19th).

Saint Mary of Egypt, pray for us!



The Children's Word is a weekly bulletin for Orthodox Christian young people. Copyright 2023 Alexandra Houck.
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