

A "BIRTHDAY" CELEBRATION

Perhaps the most significant day in our life is our birthday. We are never too young to celebrate it, nor are we ever too old not to remember it! Yes, a birthday is always a time of festive commemoration.



PENTECOST

June 4, 2023

Holy Pentecost

Saint of the Day: Metrophanes, Patriarch of Constantinople; Saints Mary & Martha

WELCOME TO ALL VISITORS!!!

Thank you for worshipping with us!!! Please join us for fellowship immediately following The Divine Liturgy. For those visiting an Orthodox Church for the first time, please be aware that Holy Communion is a sign of unity of faith which is only offered to Baptized or Chrismated Orthodox Christians. All present are welcome, and encouraged, to receive the antidoron (bread given to those who do not/are not able receive Holy Communion) which is distributed at the end of the service. For those interested in learning more about the Orthodox Christian faith, please feel free to speak with Fr. Demetri after the service.

**WE ENCOURAGE EVERYONE TO FOLLOW ALONG AND PARTICIPATE IN
THE DIVINE LITURGY WITH THE BOOKS PROVIDED!!!**

WEEK IN PREVIEW

| <u>Sun, June 4</u> | <u>Wed, June 7</u> | <u>Thurs, June 8</u> | <u>Sat, June 10</u> | <u>Sun, June 11</u> |
|--|---|----------------------|----------------------------|---|
| <i>Pentecost Sunday</i> <i>Orthros 8:45am</i> <i>Divine Liturgy</i> <i>10am</i> | Learn to Chant in the Library 7pm | AHEPA 6:30pm | Rummage Sale 9am to 3pm | <i>Orthros 8:45am</i> <i>Divine Liturgy</i> <i>10:00am</i> |
| End of Year BBQ | | | | Memorial Service Education & Scholarship Sunday Metropolis Award Ceremony |

THE LORD'S PRAYER ON PENTECOST SUNDAY

The Lord's Prayer during The Divine Liturgy will be prayed in as many languages as possible.

We ask that all who know a foreign language to either say the prayer from memory or with the text in front of you.

VESPERS OF KNEELING SERVICE

Immediately following The Divine Liturgy, as tradition, we will celebrate the Vespers of Kneeling Service on this Pentecost Sunday.

(Service will be abbreviated in some areas.)

Please note: We do NOT kneel until the Vespers Service.

Hymns Chanted Following the Small Entrance

Resurrectional Hymn in the Plagal of the Fourth Tone.

Εὐλογητὸς εἶ, Χριστὲ ὁ Θεὸς ἡμῶν, ὁ πανσόφους τοὺς ἁλιεῖς ἀναδείξας, καταπέμψας αὐτοῖς τὸ Πνεῦμα τὸ ἅγιον, καὶ δι' αὐτῶν τὴν οἰκουμένην σαγηνεύσας, Φιλάνθρωπε, δόξα σοι.

Oh Blessed are You O Christ our God * Who by sending down the Holy Spirit upon them* made the fishermen wise and through them illumined the world, and through them* the universe was ever drawn forth* oh friend of man Glory be to You.

Seasonal/Kontakion Hymn in the Plagal of the Fourth Tone

Ὅτε καταβὰς τὰς γλώσσας συνέχεε, διεμέριζεν ἔθνη ὁ Ὑψιστος· ὅτε τοῦ πυρὸς τὰς γλώσσας διένειμεν, εἰς ἐνότητα πάντας ἐκάλεσε· καὶ συμφώνως δοξάζομεν τὸ Πανάγιον Πνεῦμα.

When the Most High God came down and confused the tongues, * He divided the nations* When He distributed the tongues of fire, * He called all to unity. * And with one voice we glorify the all-holy Spirit.

SCRIPTURE READINGS

Acts 2:1-11

WHEN THE DAY of Pentecost had come, they were all together in one place. And suddenly a sound came from heaven like the rush of a mighty wind, and it filled all the house where they were sitting. And there appeared to them tongues as of fire, distributed and resting on each one of them. And they were all filled with the Holy Spirit and began to speak in other tongues, as the Spirit gave them utterance. Now there were dwelling in Jerusalem Jews, devout men from every nation under heaven. And at this sound the multitude came together, and they were bewildered, because each one heard them speaking in his own language. And they were amazed and wondered, saying, "Are not all these who are speaking Galileans? And how is it that we hear, each of us in his own native language? Parthians and Medes and Elamites and residents of Mesopotamia, Judea and Cappadocia, Pontos and Asia, Phrygia and Pamphylia, Egypt and the parts of Libya belonging to Cyrene, and visitors from Rome, both Jews and proselytes, Cretans and Arabians, we hear them telling in our own tongues the mighty works of God."

Πραξεις 2:1-11

Ἐν τῷ συμπληροῦσθαι τὴν ἡμέραν τῆς Πεντηκοστῆς, ἦσαν ἅπαντες ὁμοθυμαδὸν ἐπὶ τὸ αὐτό. Καὶ ἐγένετο ἄφνω ἐκ τοῦ οὐρανοῦ ἦχος ὥσπερ φερομένης πνοῆς βιαίας, καὶ ἐπλήρωσεν ὅλον τὸν οἶκον οὗ ἦσαν καθήμενοι. Καὶ ὤφθησαν αὐτοῖς διαμεριζόμεναι γλῶσσαι ὥσεί πυρός, ἐκάθισέν τε ἐφ' ἓνα ἕκαστον αὐτῶν. Καὶ ἐπλήσθησαν ἅπαντες πνεύματος ἁγίου, καὶ ἤρξαντο λαλεῖν ἑτέροις γλώσσαις, καθὼς τὸ πνεῦμα ἐδίδου αὐτοῖς ἀποφθέγγεσθαι. Ἦσαν δὲ ἐν Ἱερουσαλὴμ κατοικοῦντες Ἰουδαῖοι, ἄνδρες εὐλαβεῖς, ἀπὸ παντὸς ἔθνους τῶν ὑπὸ τὸν οὐρανόν. Γενομένης δὲ τῆς φωνῆς ταύτης, συνῆλθεν τὸ πλῆθος καὶ συνεχύθη, ὅτι ἤκουον εἷς ἕκαστος τῇ ἰδίᾳ διαλέκτῳ λαλούντων αὐτῶν. Ἐξίσταντο δὲ πάντες καὶ ἐθαύμαζον, λέγοντες πρὸς ἀλλήλους, Οὐκ ἰδοὺ πάντες οὗτοί εἰσιν οἱ λαλοῦντες Γαλιλαῖοι; Καὶ πῶς ἡμεῖς ἀκούομεν ἕκαστος τῇ ἰδίᾳ διαλέκτῳ ἡμῶν ἐν ᾗ ἐγεννήθημεν; Πάρθοι καὶ Μῆδοι καὶ Ἑλαμίται, καὶ οἱ κατοικοῦντες τὴν Μεσοποταμίαν, Ἰουδαίαν τε καὶ Καππαδοκίαν, Πόντον καὶ τὴν Ἀσίαν, Φρυγίαν τε καὶ Παμφυλίαν, Αἴγυπτον καὶ τὰ μέρη τῆς Λιβύης τῆς κατὰ Κυρήνην, καὶ οἱ ἐπιδημοῦντες Ῥωμαῖοι, Ἰουδαῖοί τε καὶ προσήλυτοι, Κρηῖτες καὶ Ἄραβες, ἀκούομεν λαλούντων αὐτῶν ταῖς ἡμετέροις γλώσσαις τὰ μεγαλεῖα τοῦ θεοῦ.

John 7:37-52; 8:12

On the last day of the feast, the great day, Jesus stood up and proclaimed, "If any one thirst, let him come to me and drink. He who believes in me, as the scripture has said, 'Out of his heart shall flow rivers of living water.'" Now this he said about the Spirit, which those who believed in him were to receive; for as yet the Spirit had not been given, because Jesus was not yet glorified.

When they heard these words, some of the people said, "This is really the prophet." Others said, "This is the Christ." But some said, "Is the Christ to come from Galilee? Has not the scripture said that the Christ is descended from David, and comes from Bethlehem, the village where David was?" So there was a division among the people over him. Some of them wanted to arrest him, but no one laid hands on him.

The officers then went back to the chief priests and Pharisees, who said to them, "Why did you not bring him?" The officers answered, "No man ever spoke like this man!" The Pharisees answered them, "Are you led astray, you also? Have any of the authorities or of the Pharisees believed in him? But this crowd, who do not know the law, are accursed." Nikodemus, who had gone to him before, and who was one of them, said to them, "Does our law judge a man without first giving him a hearing and learning what he does?" They replied, "Are you from Galilee too? Search and you will see that no prophet is to rise from Galilee." Again Jesus spoke to them, saying, "I am the light of the world; he who follows me will not walk in darkness, but will have the light of life."

Ιωαννην 7:37-52; 8:12

Εν δὲ τῇ ἐσχάτῃ ἡμέρᾳ τῇ μεγάλῃ τῆς ἐορτῆς εἰστῆκει ὁ Ἰησοῦς καὶ ἔκραξε λέγων· ἐάν τις διψᾷ, ἐρχέσθω πρὸς με καὶ πινέτω. ὁ πιστεύων εἰς ἐμέ, καθὼς εἶπεν ἡ γραφή, ποταμοὶ ἐκ τῆς κοιλίας αὐτοῦ ρεύσουσιν ὕδατος ζῶντος. τοῦτο δὲ εἶπε περὶ τοῦ Πνεύματος οὗ ἔμελλον λαμβάνειν οἱ πιστεύοντες εἰς αὐτόν· οὐπω γὰρ ἦν Πνεῦμα Ἅγιον, ὅτι Ἰησοῦς οὐδέπω ἐδοξάσθη. Πολλοὶ οὖν ἐκ τοῦ ὄχλου ἀκούσαντες τὸν λόγον ἔλεγον· οὗτός ἐστιν ἀληθῶς ὁ προφήτης· ἄλλοι ἔλεγον· οὗτός ἐστιν ὁ Χριστός· ἄλλοι ἔλεγον· μὴ γὰρ ἐκ τῆς Γαλιλαίας ὁ Χριστός ἔρχεται; οὐχὶ ἡ γραφή εἶπεν ὅτι ἐκ τοῦ σπέρματος Δαυὶδ καὶ ἀπὸ Βηθλεὲμ τῆς κώμης, ὅπου ἦν Δαυὶδ, ὁ Χριστός ἔρχεται; σχίσμα οὖν ἐν τῷ ὄχλῳ ἐγένετο δι' αὐτόν. τινὲς δὲ ᾔθελον ἐξ αὐτῶν πιάσαι αὐτόν, ἀλλ' οὐδεὶς ἐπέβαλεν ἐπ' αὐτόν τὰς χεῖρας. Ἦλθον οὖν οἱ ὑπηρέται πρὸς τοὺς ἀρχιερεῖς καὶ Φαρισαίους, καὶ εἶπον αὐτοῖς ἐκεῖνοι· διατί οὐκ ἠγάγετε αὐτόν; ἀπεκρίθησαν οἱ ὑπηρέται· οὐδέποτε οὕτως ἐλάλησεν ἄνθρωπος, ὥς οὗτος ὁ ἄνθρωπος. ἀπεκρίθησαν οὖν αὐτοῖς οἱ Φαρισαῖοι· μὴ καὶ ὑμεῖς πεπλάνησθε; μὴ τις ἐκ τῶν ἀρχόντων ἐπίστευσεν εἰς αὐτόν ἢ ἐκ τῶν Φαρισαίων; ἀλλ' ὁ ὄχλος οὗτος ὁ μὴ γινώσκων τὸν νόμον ἐπικατάρατοί εἰσι! λέγει Νικόδημος πρὸς αὐτούς, ὁ ἐλθὼν νυκτὸς πρὸς αὐτόν, εἷς ὢν ἐξ αὐτῶν· μὴ ὁ νόμος ἡμῶν κρίνει τὸν ἄνθρωπον, ἐάν μὴ ἀκούσῃ παρ' αὐτοῦ πρότερον καὶ γνῶ τί ποιεῖ; ἀπεκρίθησαν καὶ εἶπον αὐτῷ· μὴ καὶ σὺ ἐκ τῆς Γαλιλαίας εἶ; ἐρεύνησον καὶ ἴδε ὅτι προφήτης ἐκ τῆς Γαλιλαίας οὐκ ἐγήγερται. Πάλιν οὖν αὐτοῖς ὁ Ἰησοῦς ἐλάλησε λέγων· ἐγὼ εἰμι τὸ φῶς τοῦ κόσμου· ὁ ἀκολουθῶν ἐμοὶ οὐ μὴ περιπατήσῃ ἐν τῇ σκοτίᾳ, ἀλλ' ἔξει τὸ φῶς τῆς ζωῆς.

ABOUT THE FEAST OF HOLY PENTECOST

Introduction

The Feast of Holy Pentecost is celebrated each year on the fiftieth day after the Great and Holy Feast of Pascha (Easter) and ten days after the Feast of the Ascension of Christ. The Feast is always celebrated on a Sunday.

The Feast commemorates the descent of the Holy Spirit upon the Apostles on the day of Pentecost, a feast of the Jewish tradition. It also celebrates the establishment of the Church through the preaching of the Apostles and the baptism of the thousands who on that day believed in the Gospel message of salvation through Jesus Christ. The Feast is also seen as the culmination of the revelation of the Holy Trinity.

Historical Background

The story of Pentecost is found in the book of The Acts of the Apostles. In Chapter two we are told that the Apostles of our Lord were gathered together in one place. Suddenly, a sound came from heaven like a rushing wind, filling the entire house where they were sitting. Then, tongues of fire appeared, and one sat upon each one of Apostles. They were all filled with the Holy Spirit and began to speak in other languages as directed by the Spirit (Acts 2:1-4).

This miraculous event occurred on the Jewish Feast of Pentecost, celebrated by the Jews on the fiftieth day after the Passover as the culmination of the Feast of Weeks (Exodus 34:22; Deuteronomy 16:10). The Feast of Weeks began on the third day after the Passover with the presentation of the first harvest sheaves to God, and it concluded on Pentecost with the offering of two loaves of unleavened bread, representing the first products of the harvest (Leviticus 23:17-20; Deuteronomy 16:9-10).

Since the Jewish Feast of Pentecost was a great pilgrimage feast, many people from throughout the Roman Empire were gathered in Jerusalem on this day. When the people in Jerusalem heard the sound, they came together and heard their own languages being spoken by the Apostles (Acts 2:5-6). The people were amazed, knowing that some of those speaking were Galileans, and not men who would normally speak many different languages. They wondered what this meant, and some even thought the Apostles were drunk (Acts 2:7-13).

Peter, hearing these remarks, stood up and addressed the crowd. He preached to the people regarding the Old Testament prophecies about the coming of the Holy Spirit. He spoke about Jesus Christ and His death and glorious Resurrection. Great conviction fell upon the people, and they asked the Apostles, "What shall we do?" Peter said to them, "Repent, and let every one of you be baptized in the name of Jesus Christ for the remission of sins; and you shall receive the gift of the Holy Spirit" (Acts 2:38-39).

The Bible records that on that day about three thousand were baptized. Following, the book of Acts states that the newly baptized continued daily to hear the teaching of the Apostles, as the early Christians met together for fellowship, the breaking of bread, and for prayer. Many wonderful signs and miracles were done through the Apostles, and the Lord added to the Church daily those who were being saved (Acts 2:42-47).

Icon of the Feast

The icon of the Feast of Pentecost is known as "The Descent of the Holy Spirit". It is an icon of bold colors of red and gold signifying that this is a great event. The movement of the icon is

from the top to the bottom. At the top of the icon is a semicircle with rays coming from it. The rays are pointing toward the Apostles, and the tongues of fire are seen descending upon each one of them signifying the descent of the Holy Spirit.

The building in the background of the icon represents the upper room where the Disciples of Christ gathered after the Ascension. The Apostles are shown seated in a semicircle which shows the unity of the Church. Included in the group of the Apostles is Saint Paul, who, though not present with the others on the day of Pentecost, became an Apostle of the Church and the greatest missionary. Also included are the four Evangelists, Matthew, Mark, Luke, and John, holding books of the Gospel, while the other Apostles are holding scrolls that represent the teaching authority given to them by Christ.

In the center of the icon below the Apostles, a royal figure is seen against a dark background. This is a symbolic figure, Cosmos, representing the people of the world living in darkness and sin, and involved in pagan worship. However, the figure carries in his hands a cloth containing scrolls which represent the teaching of the Apostles. The tradition of the Church holds that the Apostles carried the message of the Gospel to all parts of the world.

In the icon of Pentecost we see the fulfillment of the promise of the Holy Spirit, sent down upon the Apostles who will teach the nations and baptize them in the name of the Holy Trinity. Here we see that the Church is brought together and sustained in unity through the presence and work of the Holy Spirit, that the Spirit guides the Church in the missionary endeavor throughout the world, and that the Spirit nurtures the Body of Christ, the Church, in truth and love.

Orthodox Christian Celebration of the Feast of Pentecost

This great Feast of the Church is celebrated with the Divine Liturgy of Saint John Chrysostom on the Sunday that is the fiftieth day after the celebration of Pascha. The Liturgy is conducted on the day of the Feast, and is preceded the evening before by a Great Vespers service and on the morning of the Feast by the Matins service. On the day of the Feast a Vespers service is conducted that includes the kneeling prayers. These prayers mark the beginning of the practice of kneeling during the Liturgy at the time when the holy gifts of bread and wine are consecrated as the body and blood of Christ. The practice of kneeling has been suspended during the Paschal season. On the Monday following the Feast, the Divine Liturgy is conducted in commemoration of the All-holy and Life-creating and All-powerful Spirit, Who is God, and One of the Trinity, and of one honor and one essence and one glory with the Father and the Son (From the Synaxarion of the Feast).

Scripture readings for the Feast are the following: At the Saturday Vespers: Numbers 11:16-17, 24-29; Joel 2:23-32; Ezekiel 36:24-28. At the Orthros (Matins): John 20:19-23. At the Pentecost Sunday Divine Liturgy: Acts 2:1-11; John 7:37-52, 8:12. At the Divine Liturgy on the Monday of the Holy Spirit: Ephesians 5:8-19; Matthew 18:10-20.

Prayer of the Holy Spirit

Heavenly King, Comforter, the Spirit of Truth, everywhere present and filling all things, Treasury of blessings and Giver of life: come and abide in us, cleanse us from every impurity and save our souls, O Good One.



YOUNG ADULT

GREEK NIGHT OUT



GREAT MUSIC | GREAT PEOPLE | GREAT TIME

SUNDAY, JUNE 11

MUSIC BY

THE SALONICA BOYS

GILLETTE STADIUM'S PUTNAM CLUB LOUNGE

PURCHASE YOUR TICKETS AT

boston.goarch.org/gno

\$25 ONLINE UNTIL JUNE 8

\$40 FROM JUNE 8 & AT THE DOOR

DOORS OPEN AT 8:30PM | 21+

ENTRY INCLUDES PARKING & APPETIZERS

St. George Greek Orthodox Cathedral



Saturday, June 10, 2023 9am to 3pm

650 Hanover Street, Manchester, NH

GLENDI 2023 Cooking Schedule

9am start time

June 12 Stuffed Peppers

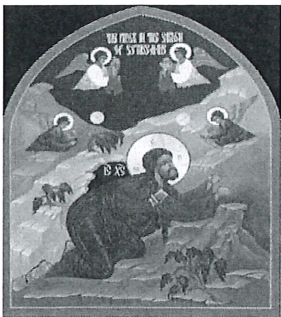
June 16 Dolmathes

June 19 Pastichio

June 26 Meatballs

Schedule will be updated as new dates are confirmed.

Last day to drop off Rummage Sale
items is Thursday June 8



PRAYER LIST

Pondering on the words of St. Paul, "Let no one seek his own, but each one the other's wellbeing. (I Cor. 10:24).

Give rest to the weary, visit the sick, support the poor, for this is also worship. Aphahat

For any prayer concern (salvation, health, employment, stress and anxieties, etc.) please send baptismal names only to: office@stgeorgenh.org

We may not be able to help others materially or medically, but God does hear our prayers and always asks us to pray for each other and so build up the Body of Christ (Eph. 4:11-16).

For health, recovery from illness and surgery: Fr. Nicholas, Fr. Peter, Leah, Thomas, Tom, Soultana, Nick, Maura, Ernie, Dean, Vasilios, Rigley, Zachary, Rachel, Daniel, Kathy, Helen, Elanie, Andrew, Jamie, Megan, Stephanie, Katherine, Christos, Maureen, Vasiliki, Maria, Faye, Emily, Nicole, Olivia, Georgia, Mark, James, Vasilios, Maria, Anna, Efthimios, Christopher, Katerina, Debra, Pavlos, Ken

For comfort, spiritual help & strengthening of faith: Pres. Patricia and family, Pres. Diane, Pres. Sophia, Pres. Dianne, Barbara, Nancy, Amantha and Family, Maddie, Dino, Nick, Connie, Amy, Christopher, Joanna

For couples, parents and their families: Neal and Elena, Paul – Kristin & Michael Francis, Penelope & Florence, Teddy, Tracy & family, Christina & Casey, Melanie and Michael, Alex

For those engaged to be married: Karleigh and Stavros, Katerina and Dennis

For conceiving of children:

For childbearing:

For those in the Armed Forces: Benjamin, Michael, Gabriel, Felipe

For those travelling abroad: John, Patrick

For those seeking employment: Lia, Jillian, Sophia, Gary, Nick

Daughters of Penelope



Invite you & a guest to join us for dinner

Wednesday, the 14th of June @ 6pm

Filotimo Restaurant

1279 South Willow Street

Manchester, NH

Buffet Dinner

Greek Salad

Keftedes

Chicken & Pork Souvlaki

Greek Potatoes

Rice Pilaf

Mixed Vegetables

Raffles

Kindly RSVP by June 5th to

Toula Barber 603-785-4540 or Jenn Huguen 603-703-7129

Payment \$30.00/pp cash or check

PARISH ANNOUNCEMENTS

EDUCATION & SCHOLARSHIP SUNDAY JUNE 11- *This is a call to ALL who are High School Seniors.* This is a day in which all those who are graduating from High School will be recognized following the Divine Liturgy. We ask that those who are graduating provide your name, a little write up about yourself including which high school you are graduating from or if home schooled, a recent picture, your plans for the future, and your community involvement here at St. George or elsewhere.

In order to have these names appear in the Weekly Bulletin on this day, **we need all the information by Sunday, June 4.** If we do not have your name and this information, you will not be able to be acknowledged as a graduate in the printed weekly bulletin. Please take the time and give our office a call or better yet, send an e-mail to beth@stgeorgenh.org with all the information we are asking!

The scholarship awards program will take place in our community center following coffee hour.

2023 METROPOLIS AWARD RECIPIENT – We are pleased to announce that this year's St. George recipient is **Diane LaRoche**. The awards banquet will be on Sunday June 11, at Gillette Stadium, Foxboro, Ma. Congratulations to Diane and we thank her for many years of service to our Cathedral!

GOYA MEETING – The next GOYA meeting will be on June 11 following the scholarship awards. It will NOT be long.

ASSUMPTION GREEK SCHOOL GRADUATION CELEBRATION – Everyone is welcome to attend the Graduation Celebration that will take place on Sunday, June 11 at 1pm in the Assumption Church Hall.

VACATION CHURCH CAMP – Our St. George Family is looking for individuals to help lead this wonderful 4-day event in the life of our community. This has been done for many years and we would like to continue this tradition. Activities include morning prayer, crafts, snacks, music, discussion, play time and lunch. The hours have been from 8:30am until 12:30pm. If you or a loved one would like to help champion this, please contact the Church office office@stgeorgenh.org

UPCOMING MEMORIAL SERVICES – June 11: George & Zoitsa Kitsis (1 year); June 25: Tom Dionis (1 year), Stamatia Maltras (1 year)

SPONSORED COFFEE HOUR – June 11 in memory of George & Zoitsa Kitsis; June 25 in memory of Stamatia Maltras

GLENDI COOKING SCHEDULE – June 12: Stuffed Peppers, June 16: Dolmathes, June 19: Pastichio, June 26: Meatballs. All are welcome to help!

BIBLE STUDY ON SUMMER BREAK – Bible Study will resume in September after a summer break.

PENTECOST has long been referred to as the "Birthday of the Church." On this day, we observe the coming of the Holy Spirit upon the Apostles, who had gone to Jerusalem on the command of our Lord to await this Divine Guidance from above. With the rushing of the wind and the descent of tongues of fire, the Holy Spirit came to these twelve loyal, but timid, followers of Christ. They were filled with the zeal necessary to undertake and complete the commission given to them: GO AND TEACH ALL NATIONS! This "birthday celebration" had over 3,000 "guests", for the Book of Acts tells us that this was the number of converts won over to Christianity that day when the Apostles took the message of the Gospel into the streets of Jerusalem.

The Feast Day of Pentecost is steeped in rich tradition. Churches will be lavishly adorned with flowers and greens. They serve as a reminder that just as nature is renewed in this manner at the coming of Spring, so too, the Church and her faithful have been renewed by the coming of the Holy Spirit. On this 50th day after Pascha, lengthy, elaborate kneeling prayers are prescribed, as we repeatedly invoke the Holy Spirit to COME AND DWELL WITHIN US.

Pentecost is also a time for every Orthodox Christian to remember that each of us have received the same exhortation from Christ that the Apostles were given. Our tasks, too, is to carry the Good News to the ends of the earth! The Holy Spirit comes today, strengthening and encouraging us as we strive to spread God's Word to the unchurched.

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St. George Greek Orthodox Cathedral

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Fr. Demetrios Costarakis, Cathedral Dean

Father's E-mail: frdcostarakis@stgeorghen.org

Lord's Day (Sunday) Services:

Orthros/Matins: 8:45 a.m. Divine Liturgy: 10:00 a.m.

An electronic copy of this bulletin is available on the website.

The Children's Word

"Let the little children come to me, and do not forbid them, for to such is the Kingdom of Heaven." Mark 10:14

Sunday, June 4, 2023

Volume 11, Issue 23

A Ministry of the
Orthodox Christian Network



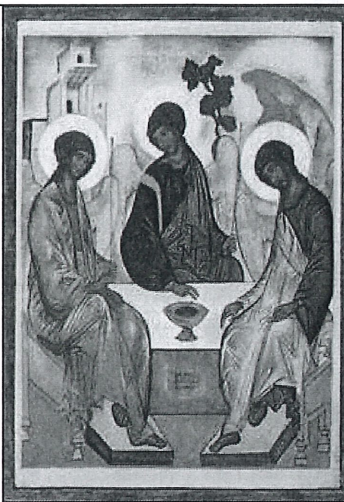
A good routine

Do you know what a routine is? It's the way you do something, especially when it's in a special order. You probably have a routine for how you get ready for school in the morning. First you get out of bed, then you get dressed, then you have breakfast, then you brush your teeth, and so on. Routines are good, because then we don't forget anything!

In our prayers, we have routines too. First, we might say, "In the name of the Father, the Son, and the Holy Spirit. Amen." Then usually we say a prayer to the Holy Spirit. You know it, don't you? It starts, "Heavenly King, Comforter, Spirit of Truth..." Before we start any of our prayers, we ask the Holy Spirit to come and be with us!

Today is the great feast of Holy Pentecost, the day that the Holy Spirit came to be with the holy Apostles. They were Jesus's followers and helpers. We know that the Holy Spirit is God, and of course, it's so important to pray to Him! In the Bible, we hear how our Lord, Jesus Christ tells us to ask for the Holy Spirit!

Can you make a routine for your prayers? Remember to pray to Holy Spirit first, and He will help you to pray and be close to God!



An icon of the Holy Trinity

WORD SEARCH

Can you find these words in the jumble?

Comforter
Faith
Feastday
Holy Trinity
Kalliope
Martyr
Pentecost
Persecution
Prayer
Routine
Strength

| | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| S | M | Z | K | O | M | A | B | Y | U | Y | R | Q | K | K |
| R | A | W | O | A | P | E | N | T | E | C | O | S | T | A |
| P | W | T | R | M | J | N | Y | L | W | E | V | C | J | L |
| Y | R | T | N | O | I | T | U | C | E | S | R | E | P | L |
| E | Y | A | Y | E | X | G | X | B | A | S | N | C | O | I |
| R | L | T | Y | V | S | M | W | Z | N | I | H | O | R | O |
| F | S | F | M | E | B | P | E | Y | T | O | T | M | G | P |
| Y | E | D | F | G | R | H | K | U | H | R | G | F | V | E |
| B | B | A | C | R | L | H | O | W | P | G | N | O | C | X |
| F | D | A | S | Y | F | R | T | D | A | Z | E | R | E | R |
| H | O | L | Y | T | R | I | N | I | T | Y | R | T | Y | Z |
| F | U | K | V | L | D | N | K | B | A | N | T | E | K | G |
| K | N | Q | P | S | V | A | P | Q | F | F | S | R | P | J |
| E | I | B | L | F | C | G | Y | G | R | S | I | B | O | K |
| I | V | Z | Q | W | E | W | X | K | G | H | W | O | J | H |

WHAT'S IN THE ICON?

Here's the icon of Pentecost!

Who are the men sitting around the icon?
These are the Apostles, the ones Christ sent out to tell the world about the Good News!



SAINT KALLIOPE

A BEAUTIFUL MARTYR

Has anybody tried to get you to do something that you really didn't want to do? Maybe a friend made fun of somebody at school and wanted you to do the same. Maybe somebody wanted you to cheat in a game or even at school. Sometimes it's hard to stand up and say something is wrong and that you just won't do it.



This week we celebrate a saint who had to stand up for something very serious. She knew she would be hurt and even killed, but she stood up anyway. Saint Kalliope had to stand up for her Christian faith.

Saint Kalliope was a very beautiful young woman. Many men wanted to marry her, including one man who did not believe in our one true God. This man threatened her, and he told her if she wouldn't marry him, he'd tell the authorities that she was a Christian.

Saint Kalliope never gave up her Christian faith. She never gave in to this pagan man. She knew she would rather die than to give up her love for our Lord, Jesus Christ. She was killed because she was a Christian. Saint Kalliope was very beautiful on the outside, but now we know she had the most beautiful soul, a soul that is filled with love for God.

We remember St. Kalliope on Thursday, June 8th (OC: June 21st).

Holy Pentecost



The Children's Word is a weekly bulletin for Orthodox Christian young people. Copyright 2023 Alexandra Houck.
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