June 25, 2023
3rd Sunday of Matthew
Saint of the Day: Prokopios the New Martyr, Righteous Febronia

WELCOME TO ALL VISITORS!!!

Thank you for worshipping with us!!! Please join us for fellowship immediately following The Divine Liturgy. For those visiting an Orthodox Church for the first time, please be aware that Holy Communion is a sign of unity of faith which is only offered to Baptized or Chrismated Orthodox Christians. All present are welcome, and encouraged, to receive the antidoron (bread given to those who do not/are not able receive Holy Communion) which is distributed at the end of the service. For those interested in learning more about the Orthodox Christian faith, please feel free to speak with Fr. Demetri after the service.

WE ENCOURAGE EVERYONE TO FOLLOW ALONG AND PARTICIPATE IN THE DIVINE LITURGY WITH THE BOOKS PROVIDED!!!

MEMORIAL SERVICE

Tom Dionis (1 year), Stamatia Malatras (1 year)

Coffee hour is sponsored in honor of Stamatia Malatras by her son, Manny Malatras and daughters Elizabeth (Betty) Kitsis and Elaine Nader.

WEEK IN PREVIEW

Sun, June 25
Orthros 8:45am
Divine Liturgy 10:00am
Memorial Service
Sponsored Coffee Hour

Mon, June 26
GLENDI
Cooking: Meatballs 9am

Tue, June 27
Library Memory Project Photo ID by Zoom 7pm

Sun, July 2
Orthros 8:45am
Divine Liturgy 10:00am
Hymns Chanted Following the Small Entrance

Resurrectional Hymn in the Second Tone.

"Ὅτε κατῆλθες πρὸς τὸν θάνατον, ἡ ζωὴ ἢ ἀθάνατος, τότε τὸν ἁδην ἐνέκρωσας, τῇ ἀστραπῇ τῆς θεότητος· ὅτε δὲ καὶ τοὺς τεθνεώτας, ἐκ τῶν καταχθονίων ἄνεστησας, πᾶσαι αἱ δυνάμεις τῶν ἐπουρανίων ἐκραύγαζον. Ζωοδότα Χριστέ, ὁ Θεὸς ἡμῶν δόξα σοι.

When You descended unto Death, O Lord, You who are immortal Life put Hades to death, by the lightning of Your divinity. And when You raised the dead from the netherworld, all the hosts of heaven sang aloud to You, "O Christ God, Giver of life, glory to You!"

Anthem of St. George in the Fourth Tone

Ὡς τῶν αἰχμαλώτων ἔλευθερωτῆς, καὶ τῶν πτωχῶν ὑπερασπιστῆς, ἀσθενοῦντων ἱατρός, βασιλέων ὑπέρμαχος, Τροπαιοφόρος Μεγαλομάρτυρς Γεώργιε, πρέσβευε Χριστῶ τῷ Θεῷ, σωθήναι τὰς ψυχὰς ἡμῶν.

Liberator of captives and defender of the poor, physician of the sick and champion of kings, oh Trophy-bearer and Great Martyr George, intercede with Christ our God, that our souls be saved.

Seasonal/Kontakion Hymn in the Second Tone

Προστασία τῶν Χριστιανῶν ἀκαταίσχυντε, μεσίτεια, πρὸς τὸν Ποιητὴν ἀμετάθετε, μὴ παρίδης, ἀμαρτωλῶν δεήσεων φωνάς, ἄλλα πρόφθασον, ὡς ἀγαθή, εἰς τὴν βοήθειαν ἡμῶν, τῶν πιστῶς κραυγαζόντων σοι· Τάχυνον εἰς πρεσβείαν, καὶ σπεύσον εἰς ἰκεσίαν, ἡ προστατεύουσα ἅγι, Θεοτόκε, τῶν τιμώντων σε.

A Protection of Christians unshameable, intercessor to our Holy Maker unwavering; reject not, the prayerful cries of those who are in sin. Instead, come to us for you are good; your loving help bring unto us who are crying in faith to you: Hasten to intercede and speed now to supplicate, as a protection for all time, Theotokos for those who honor you.
Brethren, since we are justified by faith, we have peace with God through our Lord Jesus Christ. Through him we have obtained access by faith to this grace in which we stand, and we rejoice in our hope of sharing the glory of God. More than that, we rejoice in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit which has been given to us. While we were still weak, at the right time Christ died for the ungodly. Why, one will hardly die for a righteous man -- though perhaps for a good man one will dare even to die. But God shows his love for us in that while we were yet sinners Christ died for us. Since, therefore, we are now justified by his blood, much more shall we be saved by him from the wrath of God. For if while we were enemies we were reconciled to God by the death of his Son, much more, now that we are reconciled, shall we be saved by his life.

Romans 5:1-10

Ρωμαίους 5:1-10

'Αδελφοί, δικαιωθέντες οὖν ἐκ πίστεως, εἰρήνην ἔχομεν πρὸς τὸν θεόν διὰ τοῦ κυρίου ἡμῶν Ἰησοῦ Χριστοῦ, δι’ οὗ καὶ τὴν προσαγωγήν ἐσχήκαμεν τῇ πίστείς εἰς τὴν χάριν ταύτην ἐν ἧν ἐστήκαμεν, καὶ καυχώμεθα ἐπὶ ἐλπίδι τῆς δόξης τοῦ θεοῦ. Οὐ μόνον δὲ, ἀλλὰ καὶ καυχώμεθα ἐν ταῖς θλίψεσιν, εἰδότες ὅτι ἡ θλίψις ὑπομονήν κατεργάζεται, ἡ δὲ υπομονή δοκιμήν, ἡ δὲ δοκιμὴ ἐλπίδα· ἡ δὲ ἔλπις οὕτω κατασχύνει, ὅτι ἡ ἀγάπη τοῦ θεοῦ ἐκκέχυται ἐν ταῖς καρδίαις ἡμῶν διὰ πνεύματος ἀγίου τοῦ δοθέντος ἡμῖν.'Ετι γὰρ Χριστὸς, ὠντων ἡμῶν ἀσθενῶν, κατὰ καιρὸν ὑπὲρ ἀσεβῶν ἀπέθανεν. Μόλις γὰρ ὑπὲρ δικαίου τις ἀποθανεῖται· ὑπὲρ γὰρ τοῦ ἀγαθοῦ τάχα τις καὶ τολμᾷ ἀποθανεῖν. Συνίστησιν δὲ τὴν ἐαυτοῦ ἁγάπην εἰς ἡμᾶς ὁ θεός, ὅτι ἐξ ἀμαρτωλῶν ὠντων ἡμῶν Χριστὸς ὑπὲρ ἡμῶν ἀπέθανεν. Πολλῷ οὖν μᾶλλον, δικαιωθέντες νῦν ἐν τῷ ἁματί αὐτοῦ, σωθησόμεθα δι’ αὐτοῦ ἀπὸ τῆς ὀργῆς. Εἰ γὰρ ἔχθροι ὠντες κατηλλάγημεν τῷ θεῷ διὰ τοῦ θανάτου τοῦ υἱοῦ αὐτοῦ, πολλῷ μᾶλλον καταλλαγέντες σωθησόμεθα ἐν τῇ ζωῇ αὐτοῦ.
Matthew 6:22-33

The Lord said, "The eye is the lamp of the body. So, if your eye is sound, your whole body will be full of light; but if your eye is not sound, your whole body will be full of darkness. If then the light in you is darkness, how great is the darkness! No one can serve two masters; for either he will hate the one and love the other, or he will be devoted to the one and despise the other. You cannot serve God and mammon. Therefore I tell you, do not be anxious about your life, what you shall eat or what you shall drink, nor about your body, what you shall put on. Is not life more than food, and the body more than clothing? Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? And which of you by being anxious can add one cubit to his span of life? And why are you anxious about clothing? Consider the lilies of the field, how they grow; they neither toil nor spin; yet I tell you, even Solomon in all his glory was not arrayed like one of these. But if God so clothes the grass of the field, which today is alive and tomorrow is thrown into the oven, will he not much more clothe you, O men of little faith? Therefore do not be anxious, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear? For the Gentiles seek all these things; and your heavenly Father knows you need them all. But seek first his kingdom and his righteousness, and all these things shall be yours as well.'"
δύναται προσθείναι ἐπὶ τὴν ἡλικίαν αὐτοῦ πῆχυν ἕνα; καὶ περὶ ἐνδύματος τὸ μεριμνάτε; καταμάθετε τὰ κρίνα τοῦ ἀγροῦ πῶς αὐξάνει· οὐ κοπιᾷ οὔδὲ νηθεῖ· λέγω δὲ ὑμῖν ὅτι οὐδὲ Σολομών ἐν πάσῃ τῇ δόξῃ αὐτοῦ περιεβάλετο ὡς ἐν τούτων. Εἰ δὲ τὸν χῶρτον τοῦ ἀγροῦ, σήμερον ὄντα καὶ αὖριον εἰς κλίβανον βαλλόμενον, ὁ Θεὸς οὕτως ἀμφιέννυσιν, οὐ πολλῷ μᾶλλον ὑμᾶς, ὀλιγόπιστοι; μὴ οὖν μεριμνήσατε λέγοντες, τί φάγωμεν ἡ τί πίωμεν ἡ τί περιβαλώμεθα; πάντα γὰρ ταῦτα τὰ ἔθνη ἐπιζητεῖ· οἶδε γὰρ ὁ πατὴρ ὑμῶν ὁ οὐράνιος ὅτι χρήζετε τούτων ἀπάντων. Ζητεῖτε δὲ πρῶτον τὴν βασιλείαν τοῦ Θεοῦ καὶ τὴν δικαιοσύνην αὐτοῦ, καὶ ταῦτα πάντα προστεθήσεται ὑμῖν.
Dear Fellow Parishioners,

The TIME is now!

This is an S.O.S. to all our parishioners!!!!

As we enter the month of July, we are fortunate enough to get the printer to extend our deadline for the ad book from June 30th to July 31st. This is definitely the final extension and any ad that hasn’t been placed by July 31st will miss out on this year’s book. We are running behind last year’s total gross dollars, so we are still in desperate need of your help. So, if you still have interest, we are now in the final stretch before we work on the production of the book.

As you know, the proceeds from the ad book have contributed greatly to our bottom line of net proceeds on GLendi and hopefully it will be the same again this year. We have always had great support from the parishioners of our Cathedral and the businesses in our community and for that we are eternally grateful. We are counting on each and every one of you to assist us and contribute what you can afford to this the 44th Annual GLendi Ad Book.

The ad book totals are not where we would like them to be at this time of the year; however, the good news is we still have 4 more weeks to make a difference. Even better news: even with inflation the pricing on the ad book has not changed: $25 for a patron ad, $75 for a quarter-page ad, $150 for a half-page ad, and $300 for a full-page ad. We have also included in this month's newsletter the pricing on sponsorships as well.

So... if you put our first letter aside and thought you had plenty of time... the clock is about to strike midnight! Please don’t delay sending your financial contribution as well as your message for our church family and businesses to see.

The GLendi, our GLendi Ad Book, our Greek food, and the continuation of this tradition which started back in 1980 with family and friends gathering for our celebration is near. Let’s make this GLendi a smashing success!!!

Thank you for taking the time to read this message and thank you ALL for ALL that you do in order to make our GLNE the main attraction in our beloved state.

We need your help! We need your help today!

George Skaperdas
Dick Anagnost
George Copadis
Linda Martin
Co-chairs, GLendi 2023

650 Hanover St. Manchester, New Hampshire 03104-5306 | Tel. 603-622-9113
office@stgeorgenh.org  www.stgeorgenh.org
Gold Sponsor $5,000

- Honorary Chair status for an official of your Gold Sponsor company.
- Gold Sponsor mention in all paid church event advertising.
- Banner identification on Elm Street in Manchester as well as other banners displayed throughout the city.
- Program cover placement of your company.
- Program full-page ad in prime location identifying you as a Gold Sponsor.
- Gold Sponsor recognition at GLENDI entrance. Your banner will hang over the Food Tent entrance.
- Gold Sponsor receives 16 complimentary dinner tickets.
- Special recognition of your Gold Sponsorship in a letter to all our parishioners.
- Gold Sponsor mention in all press releases.
- Promotional announcements throughout the festival.

Silver Sponsor $2,500

- Honorary Chair status for an official of your Silver Sponsor company.
- Silver Sponsor mention in all paid church event advertising.
- Banner identification on Elm Street in Manchester as well as other banners displayed throughout the city.
- Program cover placement of your company.
- Program full-page ad in prime location identifying you as a Silver Sponsor.
- Silver Sponsor recognition at GLENDI entrance.
- Silver Sponsor receives 12 complimentary dinner tickets.
- Special recognition of your Silver Sponsorship in a letter to all our parishioners.
- Silver Sponsor mention in all press releases.
- Promotional announcements throughout the festival.

Bronze Sponsor $1,000

- Honorary Chair status for an official of your Bronze Sponsor company.
- Bronze Sponsor mention in all paid church event advertising.
- Banner identification on Elm Street in Manchester as well as other banners displayed throughout the city.
- Program cover placement of your company.
- Program full-page ad in prime location identifying you as a Bronze Sponsor.
- Bronze Sponsor recognition at GLENDI entrance.
- Bronze Sponsor receives 5 complimentary dinner tickets.
- Special recognition of your Bronze Sponsorship in a letter to all our parishioners.
- Bronze Sponsor mention in all press releases.
- Promotional announcements throughout the festival.

Please send ads by email to beth@stgeorgenh.org in PDF, TIFF, JPG, or Word format.

*** AD DEADLINE EXTENDED ***
TO JULY 31!

Please make checks payable to:
St. George Greek Orthodox Cathedral

Your sponsorship and ads are tax deductible as allowed by tax law. Our Tax ID is 02-0230366.

Your company can join us in this annual community celebration to demonstrate community commitment while targeting thousands of potential new customers. Please select the level of participation that meets your corporate goals. Your participation is greatly appreciated!

St. George Greek Orthodox Cathedral
650 Hanover Street, Manchester, NH 03104  603-622-9113  office@stgeorgenh.org
**AD BOOK RATES**

***DEADLINE EXTENDED TO JULY 31!***

**ADS MUST BE RECEIVED BY JULY 31 TO BE PLACED IN THE AD BOOK**

For quarter-, half-, and full-page ads, please send ads by email to beth@stgeorgenh.org in PDF, TIFF, JPG, or Word format.

**Option 4: Full-page ad $300.00**
Dimensions are 7.5” wide by 10” high.

**Option 3: Half-page ad $150.00**
Dimensions are: 7.5” wide by 4.75” high OR 3.5” wide by 10” high.

**Option 2: Quarter-page ad $75.00**
Dimensions are 3.5” wide by 4.75” high.

**Option 1: Patron List $25.00**

This option lists your name on the Patrons page. Write as legibly as possible how you would like your name to appear on the page on this line:

_________________________________________________________________________________

Please make checks payable to:

St. George Greek Orthodox Cathedral
650 Hanover Street
Manchester, NH 03104-5306

Contact Name: __________________________________________

Phone number: _________________________________________

Email: ________________________________________________

St. George Greek Orthodox Cathedral Tax ID 02-0230366
PRAYER LIST
Pondering on the words of St. Paul, “Let no one seek his own, but each one the other’s wellbeing. (I Cor. 10:24).

*Give rest to the weary, visit the sick, support the poor, for this is also worship. Aphantat*

For any prayer concern (salvation, health, employment, stress and anxieties, etc.) please send baptismal names only to: office@stgeorgenh.org

We may not be able to help others materially or medically, but God does hear our prayers and always asks us to pray for each other and so build up the Body of Christ (Eph. 4:11-16).

**For health, recovery from illness and surgery:** Fr. Nicholas, Fr. Peter, Leah, Thomas, Tom, Soultana, Nick, Maura, Ernie, Dean, Vasilios, Rigley, Zachary, Rachel, Daniel, Kathy, Andrew, Jamie, Megan, Stephanie, Katherine, Christos, Maureen, Vasiliki, Maria, Faye, Emily, Nicole, Olivia, Georgia, Mark, James, Vasilios, Maria, Anna, Efthimios, Christopher, Katerina, Debra, Pavlos, Ken, Star

**For comfort, spiritual help & strengthening of faith:** Pres. Patricia and family, Pres. Diane, Pres. Sophia, Pres. Dianthe, Barbara, Nancy, Amantha and Family, Maddie, Dino, Nick, Connie, Amy, Christopher, Joanna, Paris and Family

**For couples, parents and their families:** Neal and Elena, Paul – Kristin & Michael Francis, Penelope & Florence, Teddy, Tracy & family, Christina & Casey, Melanie and Michael, Alex

**For those engaged to be married:** Katerina and Dennis

**For conceiving of children:**

**For childbearing:**

**For those in the Armed Forces:** Benjamin, Michael, Gabriel, Felipe

**For those travelling abroad:** John, Patrick

**For those seeking employment:** Lia, Jillian, Gary, Nick
PARISH ANNOUNCEMENTS

LIBRARY OPEN DURING COFFEE HOUR - The St. George Library will be open during coffee hour for anyone who wants to come browse and borrow a book. Come see what fascinating reads are in the library!

GLENDI COOKING SCHEDULE – June 26: Meatballs. All are welcome to help!

LEARN TO CHANT CANCELLED – Learn to Chant session on June 28th has been cancelled. Please join us next week.

AD BOOK ADS WANTED – The Ad Book Deadline has been extended to JUly 31! Help us fill it up and share a form with places you go: dentist, hairdresser, babysitter, mechanic, music teacher, to name a few. Or groups like Kiwanis, skateboarding club, antique car club, sports clubs, etc. We can fill up this ad book with your help! Printed information to share is available at coffee hour. Don’t miss out: remember the July 31 deadline!

VACATION CHURCH CAMP – Our St. George Family is looking for individuals to help lead this wonderful 4-day event in the life of our community. This has been done for many years and we would like to continue this tradition. Activities include morning prayer, crafts, snacks, music, discussion, play time and lunch. The hours have been from 8:30am until 12:30pm. If you or a loved one would like to help champion this, please contact the Church office office@stgeorgenh.org.

OFFICE WILL BE CLOSED – July 4 to celebrate Independence Day, July 7-11 for administrative purposes.

UPCOMING MEMORIAL SERVICES – July 9: Arthur Tolios (1 year)

SPONSORED COFFEE HOUR – July 9 in memory of Arthur Tolios

BIBLE STUDY ON SUMMER BREAK – Bible Study will resume in September after a summer break.
When young people consider getting married, many want a religious ceremony in a church. They feel it is something special and spiritual. It demands prayer spoken before God and Gospel, as well as before friends and relatives.

They seem to be saying that they consider marriage a holy thing or as St. Paul put it, "a great mystery." Indeed, in our faith, marriage is in the same company as Baptism, Chrismation, Confession, Eucharist, Priesthood, Unction — it is a holy act that gives God's grace.

Marriage is found on the first page of the Holy Bible. There it says that after God created man in His own image, He declared: "It is not good for man to be alone." Then God created woman, and brought them together in the first marriage and the first family. What marriage does is create a new being, a unity of love, something greater, something better than they were separately. They are now one, for God said, "And the two shall be one flesh . . . ."

Church Fathers have spoken of marriage and the home as a "little Church." They meant that the Christian home has believers in it and that it is a place where there is prayer and the family is filled with love.

In the second century, Tertullian wrote this about marriage: "How beautiful, then, the marriage of two Christians, two who are one in hope, one in desire, one in the way of life they follow, one in the religion they practice. They are servants of the same Master. Nothing divides them, either in flesh or in spirit. They pray, worship and fast together; instructing one another, encouraging one another, strengthening one another. Side by side they visit God's church and partake of God's banquet; side by side they face difficulties and share their consolations." How touching is this description!

The Orthodox Weekly Bulletin . . . . . . . . . . . . Vestal, Cliffwood, New Jersey . . . . . . . . . . . . Litho in U.S.A.

St. George Greek Orthodox Cathedral
650 Hanover Street, Manchester, NH 03104
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Fr. Demetrios Costarakis, Cathedral Dean
Father's E-mail: frdcostarakis@stgeorgenh.org

Lord's Day (Sunday) Services:
Orthros/Matins: 8:45 a.m.  Divine Liturgy: 10:00 a.m.

An electronic copy of this bulletin is available on the website.
Seek first the Kingdom of God

Have you heard anybody say, "That's icing on the cake!"? It means something extra, on top of something already good. Cake is good, of course, but icing on cake makes it even better!

Today in the Gospel reading, we hear Jesus's words. He tells His disciples (and us too!) not to worry. He tells us not to say, "What shall we eat?" or 'What shall we drink?' or 'What shall we wear?' For... your heavenly Father knows you need them all." Our loving God doesn't want us to worry about things! "But seek first His kingdom and His righteousness, and all these things shall be yours as well."

The Gospel tells us, when we try for the greater things, when we try to be close to God, when we try to do what God wants, He will give us that wonderful gift. If we want to be close to Him, we can! But then He will even give us more! He will give us the icing on the cake too. He will take away our worries and satisfy our needs too.

Let's always try to think about the most important part first (the cake). The important part is life forever with our Lord, the Kingdom of God! We can try to live our life in a way that is always bringing us close to Him. If we try to get that important part, our Lord will give us the icing too! And that something extra is everything we need here on earth.
WORD SEARCH

Can you find these words in the jumble?

- Apostles
- Feastday
- Intercede
- Kingdom
- Paul
- Peace
- Peter
- Righteousness
- Worker
- Worry

WORD SEARCH SOLUTION:

Can you find these words in the jumble?

- Apostles
- Feastday
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- Worry

WHAT'S IN THE ICON?

Here is an icon of Saints Peter and Paul.

Do you see what they're holding? It's a church! We call these two the pillars (support) of the Christian Church. And in this icon, they really are!
THE HARDEST WORKER
SAINT PAUL THE APOSTLE

Have you ever worked so hard on something...and you knew it? You can think of something you’ve done that your work really paid off, can’t you?

This week we’ll celebrate the great Apostle Paul. He was one of the hardest workers of the Christian Church...and he says so too! Saint Paul writes, “But by the grace of God I am what I am, and his grace toward me has not been in vain. On the contrary, I worked harder than any of them—though it was not I, but the grace of God that is with me.”

Saint Paul knew that he was a very hard worker for the Church. Saint Paul also knew that God was working with him. AND Saint Paul also knew that his hard work paid off, too! His work spread the good news of our Lord Jesus Christ throughout the whole world.

When you read the Bible, you find out that God wanted Saint Paul to preach the good news to the Gentiles, the people who weren’t Jewish. Saint Paul did just that. It wasn’t easy either. He was whipped with lashes. He was hit with rods. People threw stones at him. He was shipwrecked three times. He was cold, hungry, thirsty. Lots of times, his life was in big danger. Saint Paul knew that God was with him, but He expected him to work hard. And his hard work paid off! Thank God for Saint Paul!

We celebrate Saints Peter and Paul on Thursday, June 29th (OC: July 12th).

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Saints Peter and Paul, pray for us!

The Children’s Word is a weekly bulletin for Orthodox Christian young people. Copyright 2023 Alexandra Houck. Email is orthodoxchildrensword (at) gmail.com. Find it each week at myocn.net.