July 16, 2023

Sunday of the Holy Fathers

Saint of the Day: Athenogenes of Heracleopolis, Julia of Carthage

WELCOME TO ALL VISITORS!!!

Thank you for worshipping with us!!! Please join us for fellowship immediately following The Divine Liturgy. For those visiting an Orthodox Church for the first time, please be aware that Holy Communion is a sign of unity of faith which is only offered to Baptized or Chrismated Orthodox Christians. All present are welcome, and encouraged, to receive the antidoron (bread given to those who do not/are not able receive Holy Communion) which is distributed at the end of the service. For those interested in learning more about the Orthodox Christian faith, please feel free to speak with Fr. Demetri after the service.

WE ENCOURAGE EVERYONE TO FOLLOW ALONG AND PARTICIPATE IN THE DIVINE LITURGY WITH THE BOOKS PROVIDED!!!

WEEK IN PREVIEW

Sun, July 16
Orthros 8:45am
Divine Liturgy 10:00am

Mon, July 17
Anagnostis 6:30pm

Tues, July 18
Library Memory Project Photo ID by Zoom 7pm

Fri, July 21
OFFICE CLOSED
For Administrative Purposes

Sun, July 23
Orthros 8:45am
Divine Liturgy 10:00am

Altar candles are provided in loving memory of Steve Liakos by the Liakos family.
Hymns Chanted Following the Small Entrance

Resurrectional Hymn in the Plagal of the First Tone.
Τὸν συνάναρχον Λόγον Πατρὶ καὶ Πνεύματι, τὸν ἐκ Παρθένου τεχθέντα εἰς σωτηρίαν ἦμῶν, ἀνυμνήσωμεν πιστοὶ καὶ προσκυνήσωμεν· ὅτι ἡδόκησε σαρκὶ, ἀνελθεὶν ἐν τῷ Σταυρῷ, καὶ θάνατον ύπομείναι, καὶ ἐγείραι τοὺς τεθνεότας, ἐν τῇ ἐνδόξῳ ἀναστάσει αὐτοῦ.

As the Father and Spirit are unoriginate, * so the Word, who was born from the Virgin for us. * Let us praise Him, O believers, and let us worship Him. * For our salvation He was pleased * to be crucified in the flesh, * and to undergo death, * and to resurrect the dead, by His glorious resurrection

Anthem of the Fathers in the Plagal of the Fourth Tone
Ὑπερδεδεξασμένος εἰς Ἑρατείαν ὁ Θεός ἢμῶν, ὁ φωστήρας ἐπὶ γῆς τους Πατέρας ἢμῶν θεμελιώσας, καὶ διὸ αὐτῶν πρὸς τὴν ἀληθινὴν πίστιν, πάντας ἡμᾶς ὁδηγήσας· πολυεὐφαγοὶς, δόξα σοι.

Supremely blessed are You, O Christ our God. You established the holy Fathers upon the earth as beacons, and through them You have guided us all to the true Faith, O greatly merciful One, glory be to You

Anthem of St. George in the Fourth Tone
Ὡς τῶν αἰχμαλώτων ἐλευθερωτής, καὶ τῶν πτωχῶν ὑπερασπιστής, ἀσθενοῦντων ἱατρός, βασιλέων ὑπέρμαχος, Τροπαιοφόρῳ Μεγαλομάρτυρις Γεώργιε, πρέσβευε Χριστῷ τῷ Θεῷ, σωθήναι τὰς ψυχὰς ἡμῶν.

Liberator of captives and defender of the poor, physician of the sick and champion of kings, oh Trophy-bearer and Great Martyr George, intercede with Christ our God, that our souls be saved.

Seasonal/Kontakion Hymn in the Second Tone
Προστασία τῶν Χριστιανῶν ἀκαταίχυντε, μεσίτεια, πρὸς τὸν Ποιητήν ἁμαρτάνει, μὴ παρίσχεις, ἀμαρτωλῶν δέησεων ωμῶς, ἀλλὰ πρόφθασον, ὡς ἁγαθὴ, εἰς τὴν βοήθειαν ἡμῶν, τῶν πιστῶς κραυγαζόντων σοι. Τάχινον εἰς προσβείαν, καὶ σπεύδον εἰς ἱκεσίαν, ἡ προστατεύουσα ἡ, Θεοτόκε, τῶν τιμῶντων σε.

A Protection of Christians unshameable, intercessor to our Holy Maker unwavering; reject not, the prayerful cries of those who are in sin. Instead, come to us for you are good; your loving help bring unto us who are crying in faith to you: Hasten to intercede and speed now to supplicate, as a protection for all time, Theotokos for those who honor you.
SCRIPTURE READINGS

Titus 3:8-15

Titus, my son, the saying is sure. I desire you to insist on these things, so that those who have believed in God may be careful to apply themselves to good deeds; these are excellent and profitable to men. But avoid stupid controversies, genealogies, dissensions, and quarrels over the law, for they are unprofitable and futile. As for a man who is factious, after admonishing him once or twice, have nothing more to do with him, knowing that such a person is perverted and sinful; he is self-condemned.

When I send Artemas or Tychicos to you, do your best to come to me at Nicopolis, for I have decided to spend the winter there. Do your best to speed Zenas the lawyer and Apollos on their way; see that they lack nothing. And let our people learn to apply themselves to good deeds, so as to help cases of urgent need, and not to be unfruitful.

All who are with me send greeting to you. Greet those who love us in the faith. Grace be with you all. Amen.

Titon 3:8-15

Τέκνον Τίτε, πιστός ὁ λόγος, καὶ περὶ τούτων βούλομαι σε διαβεβαιοῦσθαι, ἵνα φροντίζωσιν καλῶν ἔργων προϊστασθαι οἱ πεπιστευκότες θεῷ. ταῦτά ἐστιν καλὰ καὶ ϑέλημα τοῖς ἀνθρώποις. μωρὰς δὲ ἤθελες καὶ γενεαλογίας καὶ ἑρικαὶ μάχας νομικὰς περιήγησα, εἰσίν γὰρ ἄνωθεν καὶ μάταιοι. αἱρετικῶν ἁνθρωπον μετὰ μίαν καὶ δευτέραν νουθεσίαν παρατύχαν, εἰδὼς ὅτι ἐξεστραπτεὶ τὸ τοιοῦτος καὶ ἀμαρτάνει, ὃν αὐτοκατάκριτος. Ὅταν πέμψῃ Ἀρτεμᾶν πρὸς σὲ Ἡ Τυχικὸν, σπούδασον ἐλθεῖν πρὸς με εἰς Νικόπολιν, ἐκεὶ γὰρ κέκρικα παραχειμάσαι. Ζηνᾶν τὸν νομικὸν καὶ Ἀπολλῶν σπουδαίως πρόπεμψῃν, ἵνα μηδὲν αὐτοῖς λείπη. μανθανότωσαν δὲ καὶ οἱ ἀμέτροι καλῶν ἔργων προϊστασθαι εἰς τὰς ἀναγκαίας χρείας, ἵνα μὴ  ὡσίν ἀκραποι. Ἀσπαζόνται σε οἱ μετὶ ἔμοι πάντες. Ἀσπασαι τοὺς φιλούντας ἡμᾶς ἐν πίστει. ἦ χάρις μετὰ πάντων ύμῶν.
Matthew 5:14-19

The Lord said to his disciples, "You are the light of the world. A city set on a hill cannot be hid. Nor do men light a lamp and put it under a bushel, but on a stand, and it gives light to all in the house. Let your light so shine before men, that they may see your good works and give glory to your Father who is in heaven. Think not that I have come to abolish the law and the prophets; I have come not to abolish them but to fulfill them. For truly, I say to you, till heaven and earth pass away, not an iota, not a dot, will pass from the law until all is accomplished. Whoever then relaxes one of the least of these commandments and teaches men so, shall be called least in the kingdom of heaven; but he who does them and teaches them shall be called great in the kingdom of heaven."

Ματθαίου 5:14-29

Εἶπεν ὁ Κύριος τοῖς ἑαυτοῦ μαθηταῖς· Ὁμαίας ἔστε τὸ φῶς τοῦ κόσμου. οὐ δύναται πόλις κρυβῆναι ἑπάνω ὅρους κειμένη· οὔδε καίουσι λύχνον καὶ τιθέασι αὐτὸν ὑπὸ τὸν μόδιον, ἀλλ’ ἐπὶ τὴν λυχνίαν, καὶ λάμπει πᾶσι τοῖς ἐν τῇ οἰκίᾳ. οὕτω λαμψάτω τὸ φῶς ὑμῶν ἐμπροσθεν τῶν ἄνθρωπών, ὅπως ἰδοὺν ὑμῶν τὰ καλὰ ἔργα καὶ δοξάσωσι τὸν πατέρα ὑμῶν τὸν ἐν τοῖς οὐρανοῖς. Μὴ νομίσῃτε ὅτι ἦλθον καταλύσαί τὸν νόμον ἢ τοὺς προφήτας· οὐκ ἦλθον καταλύσαι, ἀλλὰ πληρώσαι. ἀμὴν γὰρ λέγω ὑμῖν, ἐως ὅτι παρέλθῃ ὁ οὐρανός καὶ ἡ γῆ, ἰώτα ἐν ἡ μία κεραία οὐ μὴ παρέλθῃ ἀπὸ τοῦ νόμου ἐως ἃν πάντα γένηται. δὲς ἔαν οὖν λύσῃ μίαν τῶν ἐντολῶν τούτων τῶν ἐλαχίστων καὶ διδάξῃ οὕτω τοὺς ἄνθρωπους, ἐλάχιστος κληθήσεται ἐν τῇ βασιλείᾳ τῶν οὐρανῶν· δὲς δ’ ἂν ποιήσῃ καὶ διδάξῃ, οὗτος μέγας κληθήσεται ἐν τῇ βασιλείᾳ τῶν οὐρανῶν.
PRAYER LIST
Pondering on the words of St. Paul, “Let no one seek his own, but each one the other’s wellbeing. (I Cor. 10:24).

Give rest to the weary, visit the sick, support the poor, for this is also worship. Aphahat

For any prayer concern (salvation, health, employment, stress and anxieties, etc.) please send baptismal names only to: office@stgeorjenh.org

We may not be able to help others materially or medically, but God does hear our prayers and always asks us to pray for each other and so build up the Body of Christ (Eph. 4:11-16).

For health, recovery from illness and surgery: Fr. Nicholas, Fr. Peter, Leah, Thomas, Tom, Soultana, Nick, Maura, Ernie, Dean, Vasilios, Rigley, Zachary, Rachel, Daniel, Kathy, Andrew, Jamie, Megan, Stephanie, Katherine, Christos, Maureen, Vasiliki, Maria, Faye, Emily, Nicole, Olivia, Georgia, Mark, James, Vasilios, Maria, Anna, Efthimios, Christopher, Katerina, Debra, Pavlos, Ken, Star, Maria, John


For couples, parents and their families: Neal and Elena, Paul - Kristin & Michael Francis, Penelope & Florence, Teddy, Tracy & family, Christina & Casey, Melanie and Michael, Alex

For those engaged to be married: Katerina and Dennis

For conceiving of children:

For childbearing:

For those in the Armed Forces: Benjamin, Michael, Gabriel, Felipe

For those travelling abroad: John, Patrick

For those seeking employment: Lia, Jillian, Gary, Nick
PARISH ANNOUNCEMENTS

LIBRARY OPEN DURING COFFEE HOUR - The St. George Library will be open during coffee hour for anyone who wants to come browse and borrow a book. Come see what fascinating reads are in the library!

OFFICE WILL BE CLOSED - July 21 for administrative purposes.

WANTED: RAFFLE ITEMS - The Mega Raffle items worth $100+. The Mini Raffle needs items like toys for babies and toddlers; gift cards for gas, restaurants, or shopping; craft or science kits; or other similar items. Or do a themed basket: coloring theme for kids or adults, movie night with candy and popcorn, tasting theme (tea, Italian, wine, etc), spa basket, pet basket, fun-in-the-sun (sidewalk chalk, balls, bubble solution, sunscreen), etc. Use your imagination! Beth has offered to help put the basket together if you provide the items. Thank you in advance for your assistance!

WANTED: ADS FOR THE AD BOOK - The Ad Book Deadline has a firm deadline of JULY 31! Who do you know who would like to place a message in the GLENDI Ad Book? Share a form with them and tell them to send in their ad ASAP! An information page is inside, and printed information to share is available at coffee hour and in the church office. Don’t miss out: remember the July 31 deadline!

VACATION CHURCH CAMP - Our St. George Family is looking for individuals to help lead this wonderful 4-day event in the life of our community. This has been done for many years and we would like to continue this tradition. Activities include morning prayer, crafts, snacks, music, discussion, play time and lunch. The hours have been from 8:30am until 12:30pm. If you or a loved one would like to help champion this, please contact the Church office office@stgeorgenh.org.

LEARN TO CHANT ON SUMMER BREAK - Learn to Chant is taking a break for the summer.

GLENDI BAKING SCHEDULE - August 14: Kourambiethes, August 22: Finikia, August 29: Koulourakia. Start time is 9am. All are welcome to help!
PRIDE IS A DEADLY ENEMY

In Proverbs 16:18, we hear these powerful words: “PRIDE GOES BEFORE DESTRUCTION, A HAUGHTY SPIRIT BEFORE A FALL.” Countless times, pride has proven to be a person’s downfall. Because of his prideful desire to be like God, Satan, once an angel, was driven from heaven -- banished for all eternity. Adam and Eve, pridefully believing that they could possess the knowledge and wisdom of their Creator, ate the fruit from the one tree they were forbidden to touch, causing them to be cast out of Paradise. Yes, the consequences can be of epic proportions.

Sadly, pride continues to claim its victims. We are driven by a multitude of goals and aspirations. When we achieve success in our endeavors, we are often reluctant to give credit where credit is due. We quickly forget that without God’s help, we can accomplish nothing. To be proud of our own works is nothing more than a failure on our part to recognize our place on the “Ladder of Creation.” The Lord is our Master; we are His servants. In the words of the Blessed Augustine: “God created us for Himself, and our soul is lonely without Him.”

We must remember the words spoken by Moses to the Israelites after receiving the Ten Commandments. While reassuring them that God will lead them into a land of plenty, he issues this warning to them as well: “Beware that you do not forget the Lord your God, that when you have eaten and are full, and have built goodly houses, you do not say in your heart: MY power and the might of MY hands have gotten me this.” Indeed, may we, as well, never forget what God does for His faithful children.

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Fr. Demetrios Costarakis, Cathedral Dean
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Lord’s Day (Sunday) Services:
Orthros/Matins: 8:45 a.m.  Divine Liturgy: 10:00 a.m.

An electronic copy of this bulletin is available on the website.
Gold Sponsor $5,000

- Honorary Chair status for an official of your Gold Sponsor company.
- Gold Sponsor mention in all paid church event advertising.
- Banner identification on Elm Street in Manchester as well as other banners displayed throughout the city.
- Program cover placement of your company.
- Program full-page ad in prime location identifying you as a Gold Sponsor.
- Gold Sponsor recognition at GLENDI entrance. Your banner will hang over the Food Tent entrance.
- Gold Sponsor receives 16 complimentary dinner tickets.
- Special recognition of your Gold Sponsorship in a letter to all our parishioners.
- Gold Sponsor mention in all press releases.
- Promotional announcements throughout the festival.

Silver Sponsor $2,500

- Honorary Chair status for an official of your Silver Sponsor company.
- Silver Sponsor mention in all paid church event advertising.
- Banner identification on Elm Street in Manchester as well as other banners displayed throughout the city.
- Program cover placement of your company.
- Program full-page ad in prime location identifying you as a Silver Sponsor.
- Silver Sponsor recognition at GLENDI entrance.
- Silver Sponsor receives 12 complimentary dinner tickets.
- Special recognition of your Silver Sponsorship in a letter to all our parishioners.
- Silver Sponsor mention in all press releases.
- Promotional announcements throughout the festival.

Bronze Sponsor $1,000

- Honorary Chair status for an official of your Bronze Sponsor company.
- Bronze Sponsor mention in all paid church event advertising.
- Banner identification on Elm Street in Manchester as well as other banners displayed throughout the city.
- Program cover placement of your company.
- Program full-page ad in prime location identifying you as a Bronze Sponsor.
- Bronze Sponsor recognition at GLENDI entrance.
- Bronze Sponsor receives 6 complimentary dinner tickets.
- Special recognition of your Bronze Sponsorship in a letter to all our parishioners.
- Bronze Sponsor mention in all press releases.
- Promotional announcements throughout the festival.

Please send ads by email to beth@stgeorgenh.org in PDF, TIFF, JPG, or Word format.

***AD DEADLINE EXTENDED***

TO JULY 31!

Please make checks payable to:
St. George Greek Orthodox Cathedral

Your sponsorship and ads are tax deductible as allowed by tax law. Our Tax ID is 02-0230366.

Your company can join us in this annual community celebration to demonstrate community commitment while targeting thousands of potential new customers. Please select the level of participation that meets your corporate goals. Your participation is greatly appreciated!

St. George Greek Orthodox Cathedral
650 Hanover Street, Manchester, NH 03104   603-622-9113   office@stgeorgenh.org
AD BOOK RATES

*** DEADLINE EXTENDED TO JULY 31! ***

ADS MUST BE RECEIVED BY JULY 31 TO BE PLACED IN THE AD BOOK
For quarter-, half-, and full-page ads, please send ads by email to beth@stgeorgenh.org in PDF, TIFF, JPG, or Word format.

Option 4: Full-page ad $300.00
Dimensions are 7.5” wide by 10” high.

Option 3: Half-page ad $150.00
Dimensions are: 7.5” wide by 4.75” high OR 3.5” wide by 10” high.

Option 2: Quarter-page ad $75.00
Dimensions are 3.5” wide by 4.75” high.

Option 1: Patron List $25.00
This option lists your name on the Patrons page. Write as legibly as possible how you would like your name to appear on the page on this line:

____________________________________

Please make checks payable to:

St. George Greek Orthodox Cathedral
650 Hanover Street
Manchester, NH 03104-5306

Contact Name: __________________________

Phone number: __________________________

Email: _________________________________

St. George Greek Orthodox Cathedral Tax ID 02-0230366
A light to the world!

Have you ever seen a lighthouse? Did you know that in the United States there are over a thousand of them? Some people spend their vacations just visiting these lighthouses—on the ocean coasts and on big lakes.

Lighthouses are beautiful, but they have a purpose, too! They shine out their bright lights at night so ships won’t wreck on the rocks or on the coast. Lighthouses have saved the lives of many, many sailors.

Today’s Gospel tells about bright lights, too. Jesus told His disciples, “You are the light of the world...Men do not light a lamp and put it under a basket, but on a stand, and it gives light to all in the house. Let your light so shine before men, that they may see your good works and give glory to your Father who is in heaven.”

When we act like good, strong Christians, we are like bright lights, shining out. Sometimes we might be afraid to show our faith to other people. Sometimes we might be afraid to speak out. Sometimes we might be afraid to show that we follow our Lord, Jesus Christ. But today we hear in the Gospel that God wants you to “Let your light shine,” so others can learn to love God, too!
WORD SEARCH

Can you find these words in the jumble?

Courage
Example
Faith
Gospel
Lighthouse
Listen
Marina
Martyr
Saints
Shine

What’s in the icon?

Sometimes it’s hard to see the difference between saints in their icons!

Saint Marina
Saint Eugenia
Saint Aspasia
SAINT MARINA
A SAINT WHO STILL LISTENS

Do you have a friend who is a good listener? It’s easy to notice somebody who really listens to you when you tell him or her something.

You know, saints are good listeners too! How do we know that? Because many, many people pray to them, asking them for help. They listen, and then they help!

Saint Marina lived many years ago—only two hundred years after our Lord did! Her father was a pagan priest who worshipped idols, but he had a Christian nanny for her, who taught her the faith. Saint Marina grew to have a strong Christian faith too. Later on, she suffered and even died because of her love for our one, true God.

But that’s not the end of the story, of course! Saint Marina is still alive with our Lord in heaven. Many people love her very much, and they pray to her for help. On the island of Andros, in Greece, a family prayed to Saint Marina to heal their sick boy. She helped the boy, and was even with the doctors in the operating room!

In Albania, up high on a mountain, there is a monastery named after Saint Marina. Christians, and even Muslims too, visit this holy place. The people of Bulgaria also love Saint Marina very much. Her feastday there is a big deal!

Always remember that the saints listen to us. When we learn about their lives, we will want to talk and pray to them even more!

We celebrate Saint Marina on Monday, July 17th (OC: July 30th).
Saint Marina, pray for us!