

January 28, 2024

15th Sunday of Luke

Saints of the Day: Ephraim the Syrian, Isaac the Syrian

WELCOME TO ALL VISITORS!!!

Thank you for worshipping with us!!! Please join us for fellowship immediately following The Divine Liturgy. For those visiting an Orthodox Church for the first time, please be aware that Holy Communion is a sign of unity of faith which is only offered to Baptized or Chrismated Orthodox Christians. All present are welcome, and encouraged, to receive the antidoron (bread given to those who do not/are not able receive Holy Communion) which is distributed at the end of the service. For those interested in learning more about the Orthodox Christian faith, please feel free to speak with Fr. Demetri after the service.

WE ENCOURAGE EVERYONE TO FOLLOW ALONG AND PARTICIPATE IN THE DIVINE LITURGY WITH THE BOOKS PROVIDED!!!

WEEK IN PREVIEW

Sun, Jan 28

Matins 8:30am Divine Liturgy 9:30am

GOYA Meeting immediately after Coffee Hour

Mon, Jan 29

Basketball Grades 3/4 Coed 5:30pm Grades 7/8 & HS Boys 6:45pm Library Memory Project Picture ID by Zoom 7pm

Tues, Jan 30

Wed, Jan 31

Bible Study 11am Greek Preschool 4pm Scouts 6pm

Fri, Feb 2

Presentation of Christ in the Temple Matins 8:30am Divine Liturgy 9:30am

Sun, Feb 4

Matins 8:30am Divine Liturgy 9:30am

Hymns Chanted Following the Small Entrance

Resurrectional Hymn in the First Tone

Τοῦ λίθου σφραγισθέντος ὑπὸ τῶν Ἰουδαίων, καὶ στρατιωτῶν φυλασσόντων τὸ ἄχραντόν σου σῶμα, ἀνέστης τριήμερος Σωτήρ, δωρούμενος τῷ κόσμῳ τὴν ζωήν. Διὰ τοῦτο αἱ Δυνάμεις τῶν οὐρανῶν ἐβόων σοι Ζωοδότα· Δόξα τῇ ἀναστάσει σου Χριστέ, δόξα τῇ βασιλεία σου, δόξα τῇ οἰκονομία σου, μόνε Φιλάνθρωπε.

The stone having been sealed by the Pharisees and chief priests, * and Your all[1]immaculate body being guarded by soldiers, * You rose on the third day, O Lord and Savior, granting life unto the world. * Then the powers of the heavens cried out to You, O Giver of Life, and shouted, * "Glory to Your resurrection, O Christ! * Glory to Your eternal rule! * Glory to Your plan for saving us, only benevolent God!"

Anthem for the Saint in the Plagal of the Fourth Tone

Ταῖς τῶν δακρύων σου ῥοαῖς, τῆς ἐρήμου τὸ ἄγονον ἐγεώργησας, καὶ τοῖς ἐκ βάθους στεναγμοῖς, εἰς ἑκατὸν τοὺς πόνους ἐκαρποφόρησας, καὶ γέγονας φωστὴρ τῆ οἰκουμένη, λάμπων τοῖς θαύμασιν, Ἐφραὶμ πατὴρ ἡμῶν ὅσιε, πρέσβευε Χριστῷ τῷ Θεῷ, σωθῆναι τὰς ψυχὰς ἡμῶν.

With the rivers of your tears you made the barren desert bloom; and with your sighs from deep within, you made your labors bear their fruits a hundredfold; and you became a star, illuminating the world by your miracles, O Ephrem, our devout father. Intercede with Christ our God, for the salvation of our souls.

Anthem of St. George in the Fourth Tone

Ώς τῶν αἰχμαλώτων ἐλευθερωτής, καὶ τῶν πτωχῶν ὑπερασπιστής, ἀσθενούντων ἰατρός, βασιλέων ὑπέρμαχος, Τροπαιοφόρε Μεγαλομάρτυς Γεώργιε, πρέσβευε Χριστῷ τῷ Θεῷ, σωθῆναι τὰς ψυχὰς ἡμῶν.

Liberator of captives and defender of the poor, physician of the sick and champion of kings, oh Trophy-bearer and Great Martyr George, intercede with Christ our God, that our souls be saved.

Seasonal/Kontakion Hymn in the First Tone

Ό μήτραν παρθενικὴν ἁγιάσας τῷ τόκῷ σου, καὶ χεῖρας τοῦ Συμεὼν εὐλογήσας ὡς ἔπρεπε, προφθάσας καὶ νῦν ἔσωσας ἡμᾶς Χριστὲ ὁ Θεός. Ἀλλ' εἰρήνευσον ἐν πολέμοις τὸ πολίτευμα, καὶ κραταίωσον Βασιλεῖς οὓς ἠγάπησας, ὁ μόνος φιλάνθρωπος.

You sanctified the virginal womb by Your birth, O Lord, and blessed the hands of Symeon fittingly, O Christ God; and even now You came and saved us. Now, give peace to our Nation in time of war, and empower our Leaders, so loved by You, the only one who loves humanity.

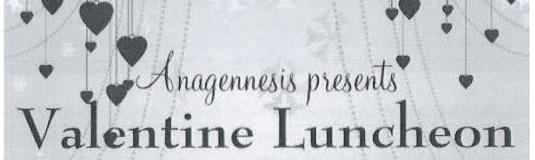
SCRIPTURE READINGS

1 Timothy 4:9-15

Timothy, my son, the saying is sure and worthy of full acceptance. For to this end we toil and suffer reproach, because we have our hope set on the living God, who is the Savior of all men, especially of those who believe. Command and teach these things. Let no one despise your youth, but set the believers an example in speech and conduct, in love, in faith, in purity. Till I come, attend to the public reading of scripture, to preaching, to teaching. Do not neglect the gift you have, which was given you by prophetic utterance when the council of elders laid their hands upon you. Practice these duties, devote yourself to them, so that all may see your progress.

Τιμοθεον α' 4:9-15

Τέκνον Τιμόθεε, πιστὸς ὁ λόγος καὶ πάσης ἀποδοχῆς ἄξιος. Εἰς τοῦτο γὰρ καὶ κοπιῶμεν καὶ ὀνειδιζόμεθα, ὅτι ἠλπίκαμεν ἐπὶ θεῷ ζῶντι, ὅς ἐστιν σωτὴρ πάντων ἀνθρώπων, μάλιστα πιστῶν. Παράγγελλε ταῦτα καὶ δίδασκε. Μηδείς σου τῆς νεότητος καταφρονείτω, ἀλλὰ τύπος γίνου τῶν πιστῶν ἐν λόγῳ, ἐν ἀναστροφῆ, ἐν ἀγάπη, ἐν πνεύματι, ἐν πίστει, ἐν ἁγνείᾳ. Ἔως ἔρχομαι, πρόσεχε τῆ ἀναγνώσει, τῆ παρακλήσει, τῆ διδασκαλίᾳ. Μὴ ἀμέλει τοῦ ἐν σοὶ χαρίσματος, ὃ ἐδόθη σοι διὰ προφητείας μετὰ ἐπιθέσεως τῶν χειρῶν τοῦ πρεσβυτερίου. Ταῦτα μελέτα, ἐν τούτοις ἴσθι, ἵνα σου ἡ προκοπὴ φανερὰ ἦ ἐν πᾶσιν.



St George Greek Orthodox Cathedral
Tebruary 11th after church services
Serving Chicken Parmesan w/pasta & Dessert
RSVP 603-622-9113 by Tebruary 9th
Tickets sold in office \$15.00/person over 16



Bread has been the emblem of God's providence for us, throughout humanity's history. Both physical (bread as food) and spiritual - the επιούσιον (epiousion) or "supersubstantial" bread of the Lord's prayer, the bread of Holy Communion.

In the Orthodox Christian church, the pinnacle of our worship is union with Christ, both spiritually but also physically, by consuming the Body and Blood of our Lord Jesus Christ.

Since the Last Supper, before every Divine Liturgy, one or more of the faithful prepare and bring bread to church to be used as the Body of Christ in the Eucharist. The Orthodox church is liturgical. For those of us who bake prosphoro, the liturgy begins as we prepare to bake!

Prosphoro is an offering to God, made from His material gifts to us, and prepared lovingly and prayerfully.

A special website is available to share with the faithful this 'proper' method of preparation of the holy gift according to the Greek Orthodox tradition. Please click the following QR code to visit the site, to learn about this wonderful tradition of our church.





Greek Orthodox Metropolis of Boston

STRIVING FOR THRIVING: CULTIVATING SPIRITUAL PRACTICES

A Monthly Learning Opportunity for Parishes of the Greek Orthodox Metropolis of Boston

Join a monthly Zoom call led by parish leaders across the nation to take a deep dive with your parish leadership and ministry team into strategies and techniques that your parish can use to enhance its vitality.

1/30 | 2/20 | 3/26 | 4/23 | 7:30-9PM Register by clicking here or at tciboston.org/events

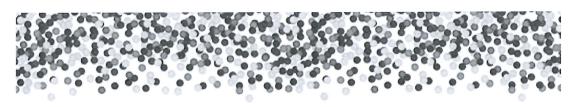
EVANGELIZATION FR. BARNABAS POWELL



Faith Encourage Ministries & Sts. Nicholas, Rafael, and Irene Cumming, Georgia

Tuesday, January 30 | 7:30-9pm

Scan the QR code for more information and to register!



St. George Greek Orthodox Cathedral

650 Hanover Street Manchester, New Hampshire

Invites you to

An Apokreatiko Celebration

Saturday, March 9, 2024 7pm – 11pm

In the church hall



DJ: The Salonica Boys
Greek and American Dancing

Variety of Hors D'oeuvres



Donation: \$25.00 per person Children 12 and under Free!

For further Information:

Toula Barber at (603) 668-6839 or the Cathedral office at (603) 622-9113







Luke 19:1-10

At that time, Jesus was passing through Jericho. And there was a man named Zacchaios; he was a chief collector, and rich. And he sought to see who Jesus was, but could not, on account of the crowd, because he was small of stature. So he ran on ahead and climbed up into a sycamore tree to see him, for he was to pass that way. And when Jesus came to the place, he looked up and said to him, "Zacchaios, make haste and come down; for I must stay at your house today." So he made haste and came down, and received him joyfully. And when they saw it they all murmured, "He has gone in to be the guest of a man who is a sinner." And Zacchaios stood and said to the Lord, "Behold, Lord, the half of my goods I give to the poor; and if I have defrauded any one of anything, I restore it fourfold." And Jesus said to him, "Today salvation has come to this house, since he also is a son of Abraham. For the Son of man came to seek and to save the lost."

Λουκαν 19:1-10

Τῷ καιρῷ ἐκείνῳ, διήρχετο τὴν Ἱεριχώ· καὶ ἰδοὺ ἀνὴρ ὀνόματι καλούμενος Ζακχαῖος, καὶ αὐτὸς ἦν ἀρχιτελώνης, καὶ οὖτος ἦν πλούσιος, καὶ ἐζήτει ἰδεῖν τὸν Ἰησοῦν τίς ἐστι, καὶ οὐκ ἠδύνατο ἀπὸ τοῦ ὅχλου, ὅτι τῆ ἡλικία μικρὸς ἦν. καὶ προδραμὼν ἔμπροσθεν ἀνέβη ἐπὶ συκομορέαν, ἴνα ἴδη αὐτόν, ὅτι ἐκείνης ἤμελλε διέρχεσθαι. καὶ ὡς ἦλθεν ἐπὶ τὸν τόπον, ἀναβλέψας ὁ Ἰησοῦς εἶδεν αὐτὸν καὶ εἶπε πρὸς αὐτόν· Ζακχαῖε, σπεύσας κατάβηθι· σήμερον γὰρ ἐν τῷ οἴκῳ σου δεῖ με μεῖναι. καὶ σπεύσας κατέβη, καὶ ὑπεδέξατο αὐτὸν χαίρων. καὶ ἰδόντες πάντες διεγόγγυζον λέγοντες ὅτι παρὰ ἀμαρτωλῷ ἀνδρὶ εἰσῆλθε καταλῦσαι. σταθεὶς δὲ Ζακχαῖος εἶπε πρὸς τὸν Κύριον· ἰδοὺ τὰ ἡμίση τῶν ὑπαρχόντων μου, Κύριε, δίδωμι τοῖς πτωχοῖς, καὶ εἴ τινός τι ἐσυκοφάντησα, ἀποδίδωμι τετραπλοῦν. εἶπε δὲ πρὸς αὐτὸν ὁ Ἰησοῦς ὅτι σήμερον σωτηρία τῷ οἴκῳ τούτῳ ἐγένετο, καθότι καὶ αὐτὸς υἰὸς ᾿Αβραάμ ἐστιν. ἦλθε γὰρ ὁ υἰὸς τοῦ ἀνθρώπου ζητῆσαι καὶ σῶσαι τὸ ἀπολωλός.



PRAYER LIST

Pondering on the words of St. Paul, "Let no one seek his own, but each one the other's wellbeing. (I Cor. 10:24).

Give rest to the weary, visit the sick, support the poor, for this is also worship. Aphahat

For any prayer concern (salvation, health, employment, stress and anxieties, etc.) please send baptismal names only to: office@stgeorgenh.org

We may not be able to help others materially or medically, but God does hear our prayers and always asks us to pray for each other and so build up the Body of Christ (Eph. 4:11-16).

For health, recovery from illness and surgery: Fr. Nicholas, Fr. Peter, Leah, Thomas, Soultana, Nick, Maura, Ernie, Dean, Vasilios, Rigley, Zachary, Rachel, Daniel, Kathy, Andrew, Jamie, Megan, Stephanie, Katherine, Christos, Maureen, Vasiliki, Maria, Faye, Emily, Nicole, Olivia, Georgia, Mark, James, Vasilios, Maria, Anna, Efthimios, Christopher, Katerina, Debra, Pavlos, Ken, Star, Maria, John, Chris, Anthony, Laurie, Emily, Kleoniki, Michael, Nicholas, Paul, George, Angelina, Lajuana, John and Family, Alexandra, David, Connie, Marty, Kristin

For comfort, spiritual help & strengthening of faith: Pres. Patricia and family, Pres. Diane, Pres. Sophia, Pres. Dianthe, Barbara, Nancy, Amantha and Family, Maddie, Dino, Nick, Connie, Amy, Christopher, Joanna, Paris and Family, Helen & Jim and family, Mary, Fr. Elias and family

<u>For couples, parents, and their families:</u> Neal and Elena, Penelope & Florence, Teddy, Christina & Casey, Melanie and Michael, Alex, Fr. George and Pres. Harriet

For those engaged to be married:

For conceiving of children:

For childbearing: Despina, Karleigh

For those in the Armed Forces: Benjamin, Michael, Gabriel, Felipe, Matt

For those travelling abroad:

For those seeking employment: Lia, Jillian, Nick

PARISH ANNOUNCEMENTS

<u>GOYA MEETING</u> - All GOYA youth are encouraged to join the GOYA meeting immediately after coffee hour today to discuss the next event(s) for the club.

WEEKLY BIBLE STUDY - You are invited to join us for our weekly Bible Study which is held on Wednesdays at 11am in the Library. We do respect one's time and therefore the Bible Study will be one hour. If you are unable to join the morning session, please consider attending Bible Study at Assumption Church on Thursdays at 7pm.

>>UNFILLED NEED: SUNDAY SCHOOL TEACHERS – Please sign up to be a teacher and share the teachings of our faith with the future of the church – the children! For more information on how you can help, contact Athena Bevan.

PROSPHORA NEEDED – You are invited to make Prosphora to be used during the Divine Liturgy. Sunday Divine Liturgies use five loaves on average. We appreciate your help with this special need.

<u>2024 CALENDARS ARE AVAILABLE</u> – Pick up your calendar in the Narthex, foyer of the community center, or the church office.

<u>UPCOMING MEMORIALS</u> – February 4: V. Rev. Fr. Peter D. Costarakis (2 years); February 11: Marilyn Motowylak (40 days); March 3: Eugenia Pleat (5 years) and James Pleat (12 years)

<u>VALENTINE'S LUNCHEON</u> - Come and enjoy a luncheon on Sunday February 11 following Divine Liturgy. Please see the enclosed flier.

<u>AN APOKREATIKO CELEBRATION</u> – Save the date of Saturday, March 9 as we gather for some fun before we start Great Lent. Please see the enclosed flier.

CADILLAC BALL 50/50 RAFFLE TICKETS – Would you like to be a part of the Cadillac Ball 50/50 Raffle? Then contact the office to participate! Tickets are \$10 each and you do not need to be present to win.

SCHOLARSHIP PACKETS NOW AVAILABLE – Please contact the church office if you would like a scholarship packet.

<u>CHOIR BOOK REQUEST</u> - If you are unable to sing with the choir and still have a choir book in hand, please return it to the choir area. The choir is growing and they need those books! Thank you.

<u>INTERFAITH WOMEN OFFERING</u> – Interfaith Women of NH presents a midwinter program "Stories Behind the Music" at Brookside Congregational Church in Manchester on Thursday, February 1 at 6:30pm. Social time and refreshments will follow the program. For more information please call or text Olga Haveles at 603-512-9359.

HEROES OF THE EARLY CHURCH

n the Orthodox calendar, our Holy Church honors the memory of 3 of her greatest saints together: BASIL THE GREAT, GREGORY THE THEOLOGIAN & JOHN CHRYSOSTOM. These Holy Hierarchs are rightly referred to as "giants" of faith, courage, holiness and learning. They were well-known in the early Church as teachers, preachers, liturgists & administrators.

There is an interesting story behind why the Church elected to honor these 4th century saints on the same day. Up until the 11th century, a dispute existed among the faithful as to who was the greatest of these three Church Fathers. All three had unique qualities, and no one could agree on who deserved primacy of honor. By God's divine providence,

however, the issue was finally resolved in a dream that Bishop John of Galatia had one evening in 1081 A.D. While deep in sleep, the bishop had a vision of Basil, Gregory and John together in all of their glory. In unison, they greeted Bishop John with these words: "WE ARE ONE IN GOD, AND THERE IS NO DISPUTE AMONG US... NEITHER IS THERE A FIRST OR SECOND AMONG US."

Awaking from sleep, Bishop John viewed this as a sign that these three saints should be honored equally with one common feast. Thus ended centuries of controversy. From that day forth, Basil the Great, Gregory the Theologian & John Chrysostom were commemorated together, with all of their many accomplishments noted by the Church.

The Orthodox Weekly Bulletin Vestal, Cliffwood, New Jersey Litho in U.S.A.

St. George Greek Orthodox Cathedral

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 $Father's \ E-mail: frdcostarakis@stgeorgenh.org$

Lord's Day (Sunday) Services: Orthros/Matins: 8:30 a.m. Divine Liturgy: 9:30 a.m.

An electronic copy of this bulletin is available on the website and was emailed this morning.